

STUDY ON GLOBAL AGEING AND ADULT HEALTH India, Wave 2 – 2015

Individual Questionnaire



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Contact Record – Individual or Proxy Respondent					
Q1000A. INTERVIEWER I.D.					
Q TOODA. INTERVIEWER I.D.					
Q1000B. CONTACT WITH:					
1=New Individual Respondent	4				
2=NEW PROXY RESPONDENT	1 2				
3=FOLLOW-UP INDIVIDUAL RESPONDENT	3				
4=FOLLOW-UP PROXY RESPONDENT	4				
5=NO ONE	5*				
Q1000C. RESULT CODE					
01=COMPLETED INTERVIEW (INTERVIEW IS ACCEPTED AND CONDUCTED – THIS INCLUDES	01				
INTERVIEW AND BODY MEASUREMENT, PERFORMANCE TESTS AND BLOOD SAMPLE)					
02=PARTIAL INTERVIEW (INTERVIEW IS PARTIALLY COMPLETED AND PERSON WILL NOT BE	02				
CONTACTED ANYMORE).					
03=RESPONDENT CONTACTED-INITIAL REFUSAL	03				
04=RESPONDENT CONTACTED-UNCERTAIN ABOUT INTERVIEW	04				
05=RESISTANCE/REFUSAL BY RESPONDENT	05				
06=FINAL REFUSAL BY RESPONDENT	06				
07=FINAL REFUSAL BY OTHER HOUSEHOLD MEMBER	07				
08=UNABLE TO LOCATE RESPONDENT	08				
09=NO INTERVIEW BECAUSE RESPONDENT IS NOT ELIGIBLE: LESS THAN 18, MENTALLY UNFIT OR TOO ILL.	09				
10=Language barrier	10				
11=HOUSE IS VACANT OR HOUSEHOLD OCCUPANTS ARE ELSEWHERE (SEASONAL VACANCY,	10				
OTHER RESIDENCE)					
12=UNSAFE OR DANGEROUS AREA OR NO ACCESS TO RESPONDENT	12				
13=DECEASED RESPONDENT, ELIGIBLE FOR VAQ	13				
14=RESPONDENT IN INSTITUTION: JAIL, HOSPITAL AND NOT ACCESSIBLE	14				
15=DECEASED RESPONDENT, NOT ELIGIBLE FOR VAQ	15				
16=DECEASED RESPONDENT, ELIGIBLE FOR EXIT	16				
17=DECEASED RESPONDENT, NOT ELIGIBLE FOR EXIT	17				
18=DECEASED RESPONDENT ELIGIBILITY FOR EXIT UNKNOWN	18				

*INTERVIEWER: check if exit interview needed

World Health Organization Study on Global Ageing and Adult Health (SAGE) Wave 2 Individual Questionnaire

Q1001	INTERVIEWER: Does the respondent have obvious cognitive limitations that prevent him/her from being interviewed?		1 2	Yes No				→	Q1005
	like to start by asking you some background que								
health.	This information is confidential and you will not b	be ic	ent	fied inc	lividua	ally or v	vithout	your	consent.
know the	he issues we are exploring in this study is the mese questions may be sensitive or difficult to an by asking you two questions about your memory	swe	ory r, bı	probler it pleas	ns tha se try t	t some o prov	older ide an	perso answ	ns can have. I er. I would like
Q1002	How would you best describe your memory at present? Is it very good, good, moderate, bad or very bad?		1 2 3 4 5	Goo	ERATE				
Q1003	Compared to 12 months ago, would you say your memory is now better, the same or worse than it was then?		1 2 3	Bett Same Wor	E				
Q1004	INTERVIEWER:	1		REASO S ANY C					INDIVIDUAL CONSENT FORM AND INDIVIDUAL Q
		2		GNITIVE DBLEMS					Q1005
Q1005	INTERVIEWER: WE WOULD LIKE TO ASK SOMEONE WHO KNOWS THE RESPONDENT A FEW QUESTIONS ABOUT THE RESPONDENT'S MEMORY AND HEALTH.			POUSE ON-SPO					Proxy Q Proxy Q
	Who is the proxy?								
	INTERVIEWER: GO TO PROXY CON	VSE	NT	& QL	JEST		IAIRE		

Section 1000: Socio-Demographic Characteristics

Q1006	Household ID				
Q1007	Person (HH member) number from HH roster (number from column)				
Q1007a	Do you recall being interviewed by our	1 Yes			
	team in [YEAR]?	2 No			
		1 Assamee			
		2 Bengali			
		3 English			
		4 GUJARATI			
		5 HINDI			
		6 KANNADA			
		7 Kashmiri			
	What is your mother tongue?	8 Konkani			
(NIE) ()	By mother tongue, we mean the	9 Malayam			
(NEW)	language you learned first, the language	10 Manipuri			
	that you can express yourself fully in, or voluntarily identify with.	11 Marathi			
		12 Nepali			
		13 Oriya			
		14 Punjabi			
		15 Sindhi			
		16 TAMIL			
		17 Telegu			
		18 Urdu			
		87 OTHER, SPECIFY:			
		1 MALE			
Q1009	INTERVIEWER: Record sex of the respondent	2 Female			
	Record sex of the respondent	3 TRANSGENDER			
Q1010	What day, month and year were you born? <i>DD / MM /</i> YYYY				
	Check birth certificate if available.	-8 Don't know			
Q1011	How old are you now? INTERVIEWER: This would be age at last birthday. If don't know - probe.				
		1 NEVER MARRIED → Q1015			
Q1012	What is your <u>current</u> marital status?	2 CURRENTLY MARRIED			
		3 Cohabiting → Q1014			
		4 SEPARATED/DIVORCED → Q1013			
		5 WIDOWED → Q1013			

	For how many <u>years</u> have you been separated, divorced or widowed?				
Q1013	INTERVIEWER: if less than 1 year, enter	□ NUMBER OF YEARS Q1015 -8 Don't Know Q1015			
Q1014	For how many <u>years</u> have you been married or living together? INTERVIEWER: if less than 1 year, enter "00"	-8 Don't Know			
NEW Q1015	Have you ever been to school?	1 YES 2 No			
		1 LESS THAN PRIMARY SCHOOL			
NEW	What is the highest level of education	2 PRIMARY SCHOOL COMPLETED			
Q1016	that you have completed?	3 SECONDARY SCHOOL COMPLETED			
		4 HIGH SCHOOL(OR EQUIVALENT) COMPLETED			
		5 COLLEGE/PRE-UNIVERSITY/UNIVERSITY COMPLETED			
		6 POST GRADUATE DEGREE COMPLETED			
NEW Q1017	How many <u>years of school</u> , including higher education have you completed?	NUMBER OF YEARS			
QIUII		-8 Don't Know			
		1 SCHEDULED TRIBE			
NEW	What is your <u>background or ethnic</u>	2 SCHEDULED CASTE			
Q1018	group?	3 OTHER BACKWARD CASTE			
		4 NONE OF THE ABOVE			
		87 OTHER, SPECIFY:			
		1 No, NONE			
NEW	Do you belong to a <u>religious</u>	2 BUDDHISM			
Q1019	denomination?	3 CHINESE TRADITIONAL RELIGION			
	INTERVIEWER: allow the respondent	4 CHRISTIANITY (INCLUDING ROMAN CATHOLIC, PROTESTANT, ORTHODOX, OTHER)			
	to reply without reading categories.	5 HINDUISM			
	Clarify as needed.	6 ISLAM			
		7 Jainism			
		8 JUDAISM			
		9 PRIMAL INDIGENOUS (INCLUDING AFRICAN TRADITIONAL AND DIASPORIC)			
		10 Sikhism			
		87 OTHER, SPECIFY:			
		97 REFUSED			
Q1020	Have you always lived in this village/town/city?	1 YES Q1024A 2 No Q1024A			
Q1021	How long have you been living (continuously) in this area? INTERVIEWER: IF LESS THAN 1 YEAR, ENTER "00".	-8 DON'T KNOW			

		1	In same community/locality/neighborhood
Q1022	Where were you living before?	2	In another city in this region
		3	In another rural area in this region
		4	In another city outside this region but in India
		5	In another rural area outside this region but in India
		6	Outside India, in a city
		7	Outside India, in a rural area
		1	IN SAME COMMUNITY/LOCALITY/NEIGHBORHOOD
Q1023	Where have you lived for most of your	2	IN ANOTHER CITY IN THIS REGION
	adult life (18+ years)?	3	IN ANOTHER RURAL AREA IN THIS REGION
		4	IN ANOTHER CITY OUTSIDE THIS REGION BUT IN INDIA
		5	IN ANOTHER RURAL AREA OUTSIDE THIS REGION BUT IN INDIA
		6	OUTSIDE INDIA IN A CITY
		7	OUTSIDE INDIA IN A RURAL AREA
		1	IN SAME COMMUNITY/LOCALITY/NEIGHBORHOOD
Q1024	Where did you live for most of your	2	IN ANOTHER CITY IN THIS REGION
	childhood (before age 10 years)?	3	IN ANOTHER RURAL AREA IN THIS REGION
		4	IN ANOTHER CITY OUTSIDE THIS REGION BUT IN INDIA
		5	IN ANOTHER RURAL AREA OUTSIDE THIS REGION BUT IN INDIA
		6	OUTSIDE INDIA IN A CITY
		7	OUTSIDE INDIA IN A RURAL AREA
Q1024a	Where were you born?	1	IN SAME COMMUNITY/LOCALITY/NEIGHBORHOOD
		2	IN ANOTHER CITY IN THIS REGION
		3	IN ANOTHER RURAL AREA IN THIS REGION
		4	IN ANOTHER CITY OUTSIDE THIS REGION BUT IN INDIA
		5	IN ANOTHER RURAL AREA OUTSIDE THIS REGION BUT IN INDIA
		6	OUTSIDE INDIA IN A CITY
		7	OUTSIDE INDIA IN A RURAL AREA

NEW: Before we move onto the next section, I would like to ask you a few questions about your [*biological*] parents. I would like to know about their level of education and main occupation. Follow-up: The last time we spoke to you, we asked questions about your mother's and father's education and occupations. We have an additional question about their occupation when you were a child.

Let's start with your mother.

NEW Q1025	Was your mother ever employed?	1 2	Yes No→	Q1028
		1	Public sector (Government)	
NEW Q1026	Who is/was your mother's main employer over her working life?	2	Private sector (For profit or not for profit)	
		3	Self-employed	

		4	Informal employment	
<i>NEW</i> Q1027	What is/was her main occupation over her working life? INTERVIEWER:			
	Use drop down menu and clarify where needed to get to four-digit occupation code			
Follow- up and new	What was your mother's main occupation when you were about 10 years old? <i>INTERVIEWER:</i>			
Q1027A	Use drop down menu and clarify where needed to get to four-digit occupation code			

		0	NO FORMAL EDUCATION	
		1	LESS THAN PRIMARY SCHOOL	
		2	PRIMARY SCHOOL COMPLETED	
		3	SECONDARY SCHOOL COMPLETED	
NEW	What is the <u>highest level</u> of education that	4	HIGH SCHOOL(OR EQUIVALENT)	
Q1028	she <u>completed</u> ?		COMPLETED	
		5	College/Pre-university/University COMPLETED	
		6	Post graduate degree completed	
		8	Don't know	

Now if you would please tell me about your father.

NEW		1	YES	
Q1029	Was your father ever employed?	2	No→	Q1032
		1	Public sector (Government)	
NEW	Who is/was your father's main employer	2	Private sector (For profit or Not for profit)	
Q1030	over his working life?	3	Self-employed	
		4	Informal employment	
NEW	What is/was his main occupation over his working life?			
Q1031	INTERVIEWER:			
QIUSI	Use drop down menu and clarify where			
	needed			
Follow- up and new	What was your father's main occupation when you were about 10 years old? INTERVIEWER:			
Q1031 A	Use drop down menu and clarify where needed			
		0	No FORMAL EDUCATION	
Q1032	What is the highest level of education that	1	LESS THAN PRIMARY SCHOOL	
	he <u>completed</u> ?	2	PRIMARY SCHOOL COMPLETED	
		3	SECONDARY SCHOOL COMPLETED	
		4	HIGH SCHOOL(OR EQUIVALENT)	

	COMPLETED	
5	College/pre-university completed	
6	Post graduate degree completed	
8	Don't Know	

Thank you, that ends this section – we will return to questions about you in the next section.

Section 1500: Work History and Benefits

(FOLLOW-UP): Now I would like to ask you some questions about any work you may be doing now or have done since we last spoke to you. We would like to find out more about your work and work benefits, If you are not working, we would like to understand the reasons for this.

(NEW): Now I would like to ask you some questions about any work you may be doing now or have done in the past. I will ask some questions about the type and amount of your current or past work, benefits, if any, you may be receiving or have received from your work, and the reasons for why you may not be working currently

NEW Q1501	As you know, some people take jobs for which the in cash or kind. Other people sell things, have a business, or work on the family farm or family bu you ever in your life done any of these things or work (not including housework)?	a small 1 YES	Q1502
	NEW Q1501a. What is the main reason that you have never worked?	 HOMEMAKER / CARING FOR FAMILY COULD NOT FIND A JOB DO VOLUNTARY WORK IN STUDIES / TRAINING HEALTH PROBLEMS/DISABLED HAVE TO TAKE CARE OF FAMILY MEMBER DO NOT HAVE THE ECONOMIC NEED PARENTS / SPOUSE DID NOT LET ME OTHER, SPECIFY: 	Q1518
<i>NEW</i> Q1502	At what age did you start working for pay?	→ YEARS OF AGE	Q1503
	NEW Q1502a. How many years ago did you start working?	YEARS AGO	
Q1503	Have you worked for at least 2 days during the last 7 days?	1 Yes	Q1506
Q1504	What is the main reason you are not currently working?	 HOMEMAKER / CARING FOR FAMILY CANNOT FIND A JOB DO VOLUNTARY WORK (NOT PAID OR SUBSISTENCE WORK) IN STUDIES / TRAINING 	
	INTERVIEWER: Only one answer allowed	 5 HEALTH PROBLEMS/DISABLED 6 HAVE TO TAKE CARE OF FAMILY MEMBER 7 DO NOT HAVE THE ECONOMIC NEED 8 MY FAMILY/SPOUSE DOESN'T WANT ME TO WORK 9 RETIRED / TOO OLD TO WORK 10 LAID OFF / MADE REDUNDANT 11 SEASONAL WORK	Q1506

		87 OTHER, SPECIFY:	Q1506
Q1505	At what age did you stop working?	→ YEARS OF AGE	Q1506
	Q1505a. (only if Q1505 is Don't Know)		
	How many years ago did you stop working?	YEARS AGO	
Q1506	Are you actively looking for work at this time?	1 YES 2 No	Q1508
Q1507	What is the <u>main reason</u> that you would you like to work at present? <i>INTERVIEWER: Only one answer allowed - read</i>	 NEED THE INCOME WANT TO/NEED TO BE ACTIVE WANT TO FEEL USEFUL HELP MY FAMILY 	
	categories if needed.	7 OTHER, SPECIFY:	
	I ask you some questions about your current work about your current work, or if you are not working c	or your most recent work. Please answer these q urrently, think about your most recent work.	uestions
Q1508	Are/were you paid in cash or kind for your work or are/were you not paid at all?	 CASH ONLY IN KIND ONLY CASH AND KIND NOT PAID 	
Q1509	Who is/was your employer in your current/most recent <u>MAIN</u> job?	 PUBLIC SECTOR (GOVERNMENT) PRIVATE SECTOR (FOR PROFIT AND NOT FOR PROFIT) SELF-EMPLOYED INFORMAL EMPLOYMENT 	
Q1510	In the last 12 months, for your <u>main</u> job, what has been your main <u>occupation</u> ? INTERVIEWER: Use drop down menu and clarify where needed		
Q1511	Do/did you usually work throughout the year, or do/did you work seasonally, or only once in a while for your main job?	 Work Throughout the year Seasonally/Part of the year Once in a while 	
Q1512	On average, how many days a week do/did you work in your <u>main j</u> ob?	DAYS	
Q1513	On average, how many hours a day do/did you work in your <u>main</u> job?	Hours	
Q1514	In this <u>main</u> job, do/did you receive any benefits in addition to your payment in cash or in kind?	1 Yes 2 No→	Q1515
	<i>Q1514a</i> .Which of the following benefits did you receive?	a. Retirement or pension1YES2Nob. Medical services/health1YES	
	INTERVIEWER: Read each benefit and circle all that apply.	care 2 No c Food or provisions 1 YES	
		2 NO	
		d. Cash bonuses 1 Yes	

			2	No	
		f. Other, specify:	1	Yes	
Q1515 Q1516	Have you worked at more than one job over the last 12 months? Are/were you paid in cash or in kind for your work at these other jobs, or are/were you not paid at all?	 YES No CASH ONLY IN KIND ONLY CASH AND IN-KIND NOT PAID 	2	No	
Q1517	I am now going to read you a list of possible sources of income. Thinking about your work over the last 12 months, please tell me from which of these sources	a. Wages, salary from job? b. Earnings from selling, trading or hawking products?	1 2 1 2	Yes No Yes No	
	you have receive income:	c. Income from rental of property?	1 2	Yes No	
INTERVIEWER: Read each source	INTERVIEWER: Read each source .	d. State old-age (veteran's/civil service) pension*, contributory pension fund, provident fund or social security benefit?	1 2	Yes No	
		e. Interest, dividends (for example, from savings account or fixed deposits)?	1 2	Yes No	
Q1518	Thinking over the last 12 months, your approximate total income from <u>ALL</u> sources is about how much?	-8 don't know			

Section 2000: Health State Descriptions

Now we will switch to questions specifically about your health. The first questions are about your overall health, including both your physical and your mental health.

		1	Very good
		2	Good
Q2000	Q2000 In general, how would you <u>rate your health</u> today?	3	Moderate
		4	Bad
		5	Very bad
		1	None
		2	Mild
Q2001	Overall in the last 30 days, how much difficulty did you have with work or household activities?	3	Moderate
	and you have with work of household activities	4	Severe
		5	Extreme/cannot do

Now I would like to review the different functions of your body. When answering these questions, I would like you to think about the last 30 days, taking both good and bad days into account. When I ask about difficulty, I would like you to consider how much difficulty you have had, on average, in the last 30 days, while doing the activity in the way that you usually do it. By difficulty I mean requiring increased effort, discomfort or pain, slowness or changes in the way you do the activity.

INTERVIEWER: Read and show scale to respondent

MOBILITY

	Overall in the last 30 days, how much difficulty did you have	NONE	Mild	Moderate	Severe	EXTREME / CANNOT DO
Q2002	with moving around?	1	2	3	4	5
Q2003	in <u>vigorous activities</u> ('vigorous activities' require hard physical effort and cause large increases in breathing or heart rate)?	1	2	3	4	5

SELF-CARE

	Overall in the last 30 days, how much difficulty did you have	None	Mild	Moderate	Severe	Extreme / Cannot D0
Q2004	with <u>self-care</u> , such as bathing/washing or dressing yourself?	1	2	3	4	5
Q2005	in <u>taking care of and maintaining your</u> <u>general appearance</u> (for example, grooming, looking neat and tidy)?	1	2	3	4	5
Q2006	in <u>staying by yourself</u> for a few days (3 to 7 days)?	1	2	3	4	5

PAIN AND DISCOMFORT

	Overall in the last 30 days,	None	Mild	Moderate	Severe	Extreme / Cannot D0	
Q2007	how much of <u>bodily aches or pains</u> did you have?	1	2	3	4	5	
Q2008	how much bodily discomfort did you have?	1	2	3	4	5	
If Q20	If Q2007 and Q2008 are both = 1, "None"						
Q2009	how much <u>difficulty</u> did you have in your daily life because of your <u>pain</u> ?	1	2	3	4	5	

COGNITION

	Overall in the last 30 days, how much difficulty	None	Mild	Moderate	Severe	Extreme / Cannot DO
Q2010	did you have with <u>concentrating or</u> remembering things?	1	2	3	4	5
Q2011	did you have in <u>learning a new task</u> (for example, learning how to get to a new place, learning a new game, learning a new recipe)?	1	2	3	4	5

INTERPERSONAL ACTIVITIES

	Overall in the last 30 days, how much difficulty did you have,	None	Mild	Moderate	Severe	Extreme / Cannot D0
Q2012	with personal relationships or participation in the community?	1	2	3	4	5
Q2013	in <u>dealing with conflicts and tensions</u> with others?	1	2	3	4	5
Q2014	with making new friendships or maintaining current friendships?	1	2	3	4	5
Q2015	with dealing with strangers?	1	2	3	4	5

SLEEP AND ENERGY

	Overall in the last 30 days, how much of a problem did you	None	Mild	Moderate	Severe	Extreme / Cannot DO
Q2016	… have with sleeping, such as <u>falling asleep</u> , waking up <u>frequently during the night</u> or waking <u>up too early</u> in the morning?	1	2	3	4	5
Q2017	have due to <u>not feeling rested and</u> <u>refreshed</u> during the day (for example, feeling tired, not having energy)?	1	2	3	4	5

AFFECT

	Overall in the last 30 days, how much of a problem did you have	None	Mild	Moderate	Severe	Extreme / Cannot D0
Q2018	with feeling sad, low or depressed?	1	2	3	4	5
Q2019	with worry or anxiety?	1	2	3	4	5

	(nespondent should answer, as when wearing glasses/contact lenses if used)							
Q2020	When was the last time you had your eves examined by a medical professional?		YEARS AGO					
	INTERVIEWER: ENTER YEARS OR MONTHS AGO.	-8	Don't know					
	ENTER "00" IF LESS THAN 1 YEAR.	98	Never					
00001	Do you use eyeglasses or contact lenses to	1	Yes					
Q2021	Q2021 see <u>far away</u> (for example, across the street)?	2	No					
00000	Do you use eyeglasses or contact lenses to	1	Yes					
Q2022	see <u>up close</u> (for example, at arm's length, like when you are reading)?	2	No					
		1	None					
Q2023	In the last 30 days, how much difficulty did	2	Mild					
	you have in seeing and recognising an object	3	Moderate					
	or a person you know <u>across the road</u> (from a distance of about 20 meters)?	4	Severe					
		5	EXTREME / CANNOT DO					
		1	None					
Q2024	In the last 30 days, how much difficulty did	2	Mild					
	you have in seeing and recognising <u>an object</u>	3	Moderate					
	at arm's length (for example, reading)?	4	Severe					
		5	Extreme / cannot do					

VISION (Respondent should answer, as when wearing glasses/contact lenses if used)

HEARING (respondent should answer as when wearing hearing aid if one is used)

Q2050	Do you wear a <u>hearing aid</u> ?	1	Yes
		2	No
Q2051	Q2051 In the last 30 days, how much difficulty did you have in: <u>hearing someone talking on the other</u> side of the room in a normal voice (even with your hearing aid on if you use one)?	1	None
		2	Mild
		3	Moderate
		4	Severe
		5	EXTREME/CANNOT DO
Q2052	In the last 30 days, how much difficulty did you	1	None
	have in <u>hearing what is said in a conversation</u> with one other person in a guiet room (even	2	Mild
	with your hearing aid on if you use one)?	3	Moderate
		4	Severe
		5	EXTREME/CANNOT DO

FUNCTIONING ASSESSMENT

These next questions ask about difficulties due to health conditions. Health conditions include diseases or illnesses, other health problems that may be short or long lasting, injuries, mental or emotional problems, and problems with alcohol or drugs.

Think back over the <u>last 30 days</u> and answer these questions thinking about how much difficulty you had doing the following activities. Some of these questions may seem repetitive, but we do need your attention and it is important to give us answers to each question.

INTERVIEWER: For each question, please circle only one response.

	In the last 30 days, how much difficulty did you have	None	Mild	Moderate	Severe	Extreme/ cannot do	N/A
Q2028	in standing for long periods?	1	2	3	4	5	9
Q2032	in taking care of your household responsibilities?	1	2	3	4	5	9
Q2033	in joining in community activities (for example, festivities, religious or other activities) in the same way as anyone else can?	1	2	3	4	5	9
Q2035	concentrating on doing something for 10 minutes?	1	2	3	4	5	9
Q2036	in walking a long distance such as a kilometer?	1	2	3	4	5	9
Q2037	in bathing/washing your whole body?	1	2	3	4	5	9
Q2038	in getting dressed?	1	2	3	4	5	9
Q2039	in your day to day work?	1	2	3	4	5	9
Q2040	with carrying things?	1	2	3	4	5	9
Q2042	with eating (including cutting up your food)?	1	2	3	4	5	9
Q2043	with getting up from lying down?	1	2	3	4	5	9
Q2044	with getting to and using the toilet?	1	2	3	4	5	9
Q2044 a	with control of your bowel or bladder functions?	1	2	3	4	5	9
Q2045	with getting where you want to go, using private or public transport if needed?	1	2	3	4	5	9
Q2046	getting out of your home?	1	2	3	4	5	9
Q2047	In the last 30 days, how much have you been emotionally affected by your health condition(s)?	1	2	3	4	5	9

Q2053	Overall, in the past 30 days, on how many days were these	D DAYS
	difficulties present?	-8 Don't know 98 Never

I would like to end this section with a question about your health when you were a child – think about your childhood, particularly before the age of 10. I would like to know about your health overall when you were younger than 10 years old.

		1	Very good
Q2054	In general, how would you <u>rate your health</u> when you were a child, before the age of 10?	2	Good
		3	Moderate
		4	Bad
		5	Very bad

Section 2500: Anthropometrics, Performance Tests and Biomarkers

Before we ask you more questions, this time about your own health and well-being, we would like to measure a few things, like your blood pressure, your weight and height. We'll also ask you to participate in a few tests to determine your health status.

Blood Pressure

Blood Pressure					
First I would like to measure your blood pressure and pulse rate. Stay seated, and once I put this on your wrist, keep it steady and at the level of your heart. We will need to take the blood pressure reading three times. It will squeeze your wrist a bit, but won't hurt. Relax.					
INTERVIEWER: respondent should remain seated. Demonstrate to the respondent how to hold their arm while the machine is measuring. Place the monitoring device on the wrist and have the respondent hold it at heart level against his/her chest. When the device is in the correct position and respondent is relaxed, press the button to start. Check to make sure it is working. Collect the blood pressure and pulse 3 times with one minute between each measurement. You do not need to remove the device between measurements.					
Q2501 Time 1 Systolic					
Diastolic					
Q2501a Time 1 Pulse rate / minute					
INTERVIEWER: Ask the respondent to release the arm and relax. Wait for one minute before time 2.					
Okay, now we can get your second measurement for your blood pressure.					
Q2502 Time 2 Systolic					
Diastolic					
Q2502a Time 2 Pulse rate / minute					
INTERVIEWER: Again, remind the respondent to relax. Meanwhile, when waiting to take the third measurement, you can locate and measure out a 4 metre length to prepare for the vision test and timed walk.					
Okay, now we can get your third measurement for your blood pressure.					
Q2503 Time 3 Systolic					
Diastolic					
Q2503a Time 3 Pulse rate / minute					
Notes:					

FILTER1	INTERVIEWER: Can respondent stand up, yes or no?	1 Yes 2 No → Q2514
ANTHROP	OMETRIC MEASUREMENTS	
shoes. F	ow like to measure how tall you are. To measure you Put your feet and heels close together, stand straight a I heels touching the wall. Look straight ahead.	
Q2506	Measured height in centimetres	997 Refused 998 Not able
	want to measure your weight - could you please keep measure your waist and hips using a tape measure.	your shoes off and step on this scale. We
Q2507	Measured weight In kilograms	997 Refused 988 Not able
Q2508	Waist circumference INTERVIEWER: identify the top of the hip bone - and make sure the tape measure is parallel to the floor all the way around the body	997 Refused 998 Not able
Q2509	Hip circumference INTERVIEWER: measure at the maximum circumference of the hips - and make sure the tape measure is parallel to the floor all the way around the body	997 Refused 998 Not able
Now you	can put your shoes back on, if you wish, and we can	continue.
Notes:		

TIMED WALK

INTERVIEWER: you will now invite the respondent to do a walking test - using your flexible steel tape measure, mark out length of 4 metres over a flat and straight surface if you have not already done so. Mark the ground at the beginning and end. Mark sure the surface is flat and free of obstacles. You will walk slightly behind the person for both tests.

Normal walk

Now I am going to observe how you normally walk. If you use a cane or other walking aid and would be more comfortable with it, then you may use it. This is the walking course. I want you to walk to the other end of the course at your usual speed, just as if you were walking down the street to go to the store. Walk all the way past the other end of the tape before you stop. I will walk with you.

INTERVIEWER: DEMONSTRATE.

Do you feel this would be safe? *If yes, continue.* When I want you to start, I will say: "Ready, begin."

Ready begin.

Q2510	Did respondent complete the walk at usual pace?	1 2 3	Yes No, refused No, cannot walk, even with support
Q2511	Time at 4 metres		

Rapid walk

Now I want to repeat the walk. This time, however, I would like you to walk at a rapid pace, as fast as you safely can, and go all the way past the other end of the course I marked out for you.

INTERVIEWER: DEMONSTRATE.

When I want you to start, I will say: "Ready, begin."

"Ready begin."

Q2512	Did respondent complete the walk at rapid pace?	1 Yes 2 No, refused/unable → Q2514
Q2513	Time at 4 metres	

VISION TEST

We are now going to test your distance vision and near vision.

INTERVIEWER: Invite the respondent to sit again - in a chair positioned so that the respondent's head will be 3 meters from the monitor. Make sure the person does not lean in closer to the monitor during the test.

To measure acuity in the left eye, the right eye is covered with right palm or an eye patch and the subject is asked to respond to each "E" in a row slowly, row by row, with your guidance. Only one reading of a given "E" is allowed. When the subject has difficulty, he or she is encouraged to guess. Responses can be verbal (Up, Down, Left, Right) or the respondent can indicate with a finger like in the training video.

The right eye can then be tested in the same way. Visual acuity in each eye can be recorded as explained in the Interviewers Manual.

DISTANCE VISION

INTERVIEWER: Start with the distance vision. If the respondent makes more than 2 errors in one row, and reads all letters in the row, their result is read as the previous row.

We will start with your distance vision - and with your left eye. Would you please cover your right eye with the palm of your right hand. Please read

Q2514 Distance Vision - Left Eye

Now cover your left eye with left hand so we can test your right eye. Please read....

Q2515 Dist	ance Vision - Right Eye	
------------	-------------------------	--

NEAR VISION

INTERVIEWER: Have the person seated 40cm from the monitor. Responses will be verbal (Up, Down, Left, Right).

Okay, now we would like to test your near vision - starting again with your left eye - please cover your right eye with your right hand. Indicate if the "E" is facing Up, Down, Left or Right. Please read....

Q2516	Near Vision - Left Eye	

Now cover your left eye with left hand so we can test your right eye. Please read....

Q2517 Near Vision - Right Eye

GRIP STRENGTH

FILTER: If respondent has obvious problem with hand/arm, skip that side. If problems with both hands/arms, answer 1=yes to Q2518 and Q2519, then \rightarrow skip to Q2525. Make sure you fit the dynamometer to the respondent's hand size.

We are now going to test the strength in your hands.

	Have you had any surgery on your <u>left arm, hand or</u>	1	Yes → Do not test Left hand
Q2518	wrist in the last 3 months OR arthritis or pain in your	2	No
	left hand or wrist?		
	Have you had any surgery on your <u>right arm, hand</u>	1	Yes 🗲 Do not test Right hand
Q2519	or wrist in the last 3 months OR arthritis or pain in	2	No
	your <u>right hand or wrist</u> ?		
		1	LEFT
Q2520	Which hand do you consider your dominant hand?	2	RIGHT
	-	3	USE BOTH THE SAME

Remain sitting and let your hand drop to your side. Keep your upper arm against your body and bend your elbow to 90 degrees with palm facing in (like shaking hands). Keep your elbow pressed against your side. *INTERVIEWER: DEMONSTRATE.*

Then grab the two pieces of metal together like this.

INTERVIEWER: DEMONSTRATE.

I will ask you to do this two times in each hand. Let's start with your left hand, please take this in your left hand. If you feel any pain or discomfort, tell me and we will stop.

When I say "squeeze", squeeze as hard as you can.

INTERVIEWER: Check positioning and grip to make sure it is correct. WHEN HE OR SHE BEGINS, SAY: SQUEEZE, SQUEEZE, SQUEEZE!

Ready? Squeeze, squeeze, squeeze!

. . .

Q2521	First test left hand	-9 REFUSED	}
Q2522	Second test left hand	KILOGRAMS	

Okay, now let's do the same on the other side. Hold the device in your right hand, so we can test your strength on this side also.

INTERVIEWER: Check positioning and grip to make sure it is correct.

Ready?	Squeeze, squeeze!		
Q2523	First test right hand	-9 Refused	Q2525
Q2524	Second test right hand	KILOGRAMS	

VERBAL RECALL

We are now going to test your memory. I know these questions may be difficult to answer, but please try to provide an answer. I am going to read you a list of words. Listen to them carefully and try to remember as many of them as you can, not necessarily in order. I will ask you to repeat them again after some time.

INTERVIEWER: you can use the table below to assist you with scoring.

	LIST OF WORDS:	TRIAL 1	TRIAL 2	TRIAL 3
	Arm			
	Bed			
	Plane			
	Dog			
	Clock			
	Bike			
	Ear			
	Hammer			
	Chair			
	Cat			
	SUBSTITUTED WORDS:			
Q2525	Number of words recalled correctly Trial 1			
Q2526	Number of words that respondent failed to recall Trial 1			
Q2527	Number of words substituted Trial 1			
l will rea	d the list to you again, and then again when I ar	n done, repeat the	em after me.	
Q2528	Number of words recalled correctly Trial 2			
Q2529	Number of words that respondent failed to recall Trial 2			
Q2530	Number of words substituted Trial 2			
One fina	I time - I will read the list and when I am done, ye	ou repeat as mar	iy as you can rem	ember.
Q2531	Number of words recalled correctly Trial 3			
Q2532	Number of words that respondent failed to recall Trial 3			
Q2533	Number of words substituted Trial 3			

DIGIT SPAN - DIGITS FORWARD

INTERVIEWER: For the following tests, digits forward and backward, say the digits at the rate of one per second, not grouped. Let the pitch of your voice drop with the last digit of each series. In any series if the subject fails Trial 1 - give Trial 2 of the same series, then proceed to the next series if the respondent responds correctly. Trial 2 is only given if Trial 1 is failed.

I am going to say some numbers to you. Listen carefully, and when I am through, say them right after me. I want you to repeat each set of numbers exactly as I say them to you. For example, if I said "1-2", you would say...?

INTERVIEWER: Wait for correct response "1-2". If correct, start with Series 3. If response is incorrect, provide the correct response and attempt once more with another example. Okay, let's try another example, repeat after me, "5-3". If correct, continue. If not correct - mark "0" in Q2534 and \rightarrow skip to Verbal Fluency (Q2536).

Okay, good. Let us start with the numbers.

Series	Trial 1	Trial 1 Correct?	Trial 2	Trial 2 Correct?
3	5-8-2	Yes → Series 4 No → Trial 2	6-9-4	Yes → Series 4 No → End
4	6-4-3-9	Yes → Series 5 No → Trial 2	7-2-8-6	Yes → Series 5 No → End
5	4-2-7-3-1	Yes \rightarrow Series 6 No \rightarrow Trial 2	7-5-8-3-6	Yes → Series 6 No →End
6	6-1-9-4-7-3	Yes \rightarrow Series 7 No \rightarrow Trial 2	3-9-2-4-8-7	Yes → Series 7 No → End
7	5-9-1-7-4-2-8	Yes → Series 8 No → Trial 2	4-1-7-9-3-8-6	Yes → Series 8 No → End
8	5-8-1-9-2-6-4-7	Yes \rightarrow Series 9 No \rightarrow Trial 2	3-8-2-9-5-1-7-4	Yes → Series 9 No → End
9	2-7-5-8-6-2-5-8-4	Yes → end No → Trial 2	7-1-3-9-4-2-5-6-8	Yes → end No → End

INTERVIEWER: Stop when respondent fails both trials.

Okay good. INTERVIEWER: mark the score in Q2534

Q2534	Total score (the series number in the longest series repeated without error in Trial 1 or 2)	
	(Maximum = 9 points)	

DIGIT SPAN - DIGITS BACKWARD

Now, I am going to say more numbers, but this time when I stop, I want you to say them to me backwards. For example, if I said 1-7, what would you say?

INTERVIEWER: Wait for subject to say 7-1. If response is correct, start with Series 2. If respondent does not reply correctly or fails to understand, give the correct answer and another example, saying Remember, you are to say them backwards. Try this, "3-8". If response is correct, continue. If fails second example, mark "0" in Q2535 and skip to Verbal Fluency (Q2536).

Okay, lets start.

Series	Trial 1	Trial 1 Correct?	Trial 2	Trial 2 Correct?
2	2-4	Yes → Series 3 No → Trial 2	5-8	Yes → Series 3 No → End
3	6-2-9	Yes → Series 4 No → Trial 2	4-1-5	Yes → Series 4 No → End
4	3-2-7-9	Yes → Series 5 No → Trial 2	4-9-6-8	Yes → Series 5 No →End
5	1-5-2-8-6	Yes → Series 6 No → Trial 2	6-1-8-4-3	Yes → Series 6 No → End
6	5-3-9-4-1-8	Yes → Series 7 No → Trial 2	7-2-4-8-5-6	Yes → Series 7 No → End
7	8-1-2-9-3-6-5	Yes → Series 8 No → Trial 2	4-7-3-9-1-2-8	Yes → Series 8 No → End
8	9-4-3-7-6-2-5-8	Yes → END No → Trial 2	7-2-8-1-9-6-5-3	Yes → end No → End

Okay, good. INTERVIEWER: mark score in Q2535.

	Total score (the series number in the longest series	
Q2535	repeated without error in Trial 1 or 2)	
	(Maximum = 8 points)	

VERBAL FLUENCY

Now we are going to ask you to think of animals and name as many as you can. I am going to give you one minute and I want to see how many animals you can name.

INTERVIEWER: See Interviewers Manual instructions about what is acceptable and what is not. If respondent stops before the end of the minute, encourage them to try to name more animals. If there is a silence of about 15 seconds, prompt them to continue or repeat the basic instructions.

Ready? Start:

INTERVIEWER: Press clock[60] on the top left corner of the monitor . Clock will count down from 60 seconds.

INTERVIEWER: SAY "FINE" OR "GOOD" when completed the one minute.

Q2536	Total score (number of animals named correctly)	
Q2537	Number of errors INTERVIEWER: errors include anything that is not an animal	

DELAYED VERBAL RECALL

I read you a list of words about 10 minutes ago. I will NOT repeat this list to you now, but could you please repeat to me as many of them as you can remember?

INTERVIEWER - DO NOT read the list again to the respondent - the list below is for your own use.

LIST OF WORDS:				
/	ARM	BIKE		
l	BED	Ear		
P	LANE	HAMMER		
L	Dog	CHAIR		
С	LOCK	САТ		
Q2544	Number of v	words recalled corre	ctly	
Q2545	Number of v	words that responde	nt failed to recall	
Q2546	Number of v	words substituted		

BLOOD TESTS

I would like to get your consent/agreement to give a blood sample. We will only prick your finger to get blood. If you decide not to have the test done, it is your right and we will respect your decision and continue with the other parts of the survey.

INTERVIEWER: go to the INFORMED CONSENT FORM FOR BLOOD SAMPLE

Q2547	INTERVIEWER: Indicate whether the respondent agrees or not.	1. 2.	Respondent agrees to provide blood sample Respondent does NOT agree to provide blood sample
Q2548	INTERVIEWER: circle one	1 2	Blood sample obtained Blood sample NOT obtained
Q2548a	Record the 5 digit number from the dbs card		

SIMPLE AND CHOICE REACTION TIME TESTS

I have two tasks remaining for you in this part of our interview. In both of the tasks we will ask you to press a key/button on the computer.

INTERVIEWER: show them the key you want them to press, ask the question and allow the respondent a chance to press a key.

Q2549 Will you be able to press a key/button on the computer? <i>INTERVIEWER:</i> <i>Indicate whether the respondent agrees or not.</i>	1. 2. 3.	Respondent agrees and is able Respondent agrees but is not able→ NEXT SECTION Respondent does NOT agree→ NEXT SECTION	
SIMPLE REACTION TIME TEST:			

Look at the screen and rest your finger on/over spacebar. An "X" will appear on the screen (allow example image to appear). When this happens, your task is to press his key/button as quickly as you can upon appearance of the image/picture. There will be three practice trials. First with your left hand, then with your right hand, then again with your left hand. Remember, as soon as you see the "X" on the screen, press the

key. There will be 40 actual trials.				
Q2550	1. Yes			
Trial 1: Let's start with your left hand. Respondent completed simple test trial 1	2. No			
Q2551 Trial O. Neut transition and the set	1. Yes			
Trial 2: Next try with your right hand. Respondent completed simple test trial 2	2. No			
Q2552 Trial 2: And a final text using using the final text	1. Yes			
Trial 2: And a final text, using your left hand. Respondent completed simple test trial 3	2. No			
CHOICE REACTION TIME TEST: On the screen you will see an "X" or an "O" – like this (screen example). When you see the "X" press here (?? Key). When you see the "O" press here (???key). Do you understand? Remember, as soon as you see an "X" on the screen press (??) and when you see and "O", press (??). Please rest your finger s on the keys and let's try one as an example.				
We will do two practice trials. There will be 20 actual	trials.			
Q2553 Trial 1: okay let's start.	1. Yes			
Respondent completed choice test trial 1	2. No			
Q2554 Trial 2: Okay, now the second trial.	1. Yes			
Respondent completed choice test trial 2	2. No			

That is the end of this section, now we will move onto questions about your health behaviours.

Section 3000: Risk Factors and Preventive Health Behaviours

We would now like to ask you some questions about your habits, health behaviours and awareness about health. This includes things like smoking, drinking alcohol, eating enough fruits and vegetables as part of your diet and your levels of physical activity. I will start with questions about smoking habits.

Τοβάζου ι	JSE (SEE APPENDIX A3000A)	
	NEW	1 Yes
	Have you ever smoked tobacco or used smokeless tobacco?	2 No → Q3007
	FOLLOW-UP (YES)	
Q3001	The last time we spoke, you said you have smoked or used smokeless tobacco – is this correct?	
	FOLLOW-UP (NO)	
	Since the last time we spoke, have you smoked tobacco or used smokeless tobacco?	
	Do you currently smoke any tobacco products	1 Yes, daily
Q3002	(such as cigarettes, bidis, cigars, pipes)?	2 YES, BUT NOT DAILY
		3 NO, NOT AT ALL
Q3003	For how long have you been <u>smoking tobacco?</u> INTERVIEWER: If less than one month – enter	
	<i>"00" for years and "00" for months.</i>	-8 Don't Know
	INTERVIEWER: If Q3002=1 use "each day", if Q3002=2 use "each week".	Include number below:
Q3004	On average, <u>how many</u> of the following products do you smoke or use <u>each day/week</u> ? Also, let me know if you smoke the product, but not every (day/week).	INTERVIEWER: If respondent reports smoking the product, but not every day/week, enter 888
	Q3004a. Manufactured cigarettes	
	Q3004b. Hand-rolled cigarettes	
	Q3004c. Pipefuls of tobacco	
	Q3004d. Cigars, cheroots, cigarillos,	
	Q3004e. Bidis	
L		

	Q3004f. Other(excluding smokeless tobacco), specify:		If Q3002 = $1 \rightarrow Q3002 \land$ If Q3002 = $2 \rightarrow Q3005 \land$
Q3005	In the <u>past</u> , did you ever smoke tobacco? INTERVIEWER: If respondent has done both daily and less than daily in the past, check: 1 Yes, daily.	1 Yes, daily	Q3006 Q3006 Q3002A
Q3005A	Have you smoked tobacco daily in the <u>past</u> ?	1 YES	Q3002A Q3002A
Q3006	How old were you when you stopped smoking tobacco?	→ YEARS OF AGE	Q3002A Q3006A
	Q3006 A. How long ago did you stop smoking tobacco?	YEARS AGO MONTHS AG	0
	INTERVIEWER: If less than one month – enter "00" for years and "00" for months.	-8 Don't Know	
Q3002a	Do you <u>currently use</u> any smokeless tobacco products (such as snuff or chewing tobacco)?	 Yes, daily Yes, but not daily No, not at all	Q3005aa
Q3003a	For how long have you been using smokeless tobacco? INTERVIEWER: If less than one month – enter "00" for years and "00" for months.	-8 Don't Know	
	INTERVIEWER: If Q3002a=1 use "each day", if Q3002a=2 use "each week".	Include number below:	
Q3004a	On average, <u>how many</u> times each day/week do you use the following smokeless tobacco products? Also, let me know if you use the product, but not every (day/week).	INTERVIEWER: If respondent reports using the product, but not every day/week, enter 888	
	Q3004aa. Snuff by mouth		
	Q3004 a b. Snuff by nose		
	Q3004 a c. Chewing tobacco		
	Q3004ad. Betel quid with tobacco		

	INTERVIEWER: If less than one month – enter "00" for years and "00" for months.	-8 Don't Know	
	Q3006 AAA. How long ago did you stop using smokeless tobacco?	YEARS AGO MONTHS AG	0
Q3006aa	How old were you when you stopped using smokeless tobacco?	→ YEARS OF AGE	Q3007 Q3006aaa
Q3005aaa	Have you used smokeless tobacco daily in the past?	1 Yes→ 2 No→	Q3007 Q3007
Q3005 aa	In the <u>past</u> , did you ever use smokeless tobacco? INTERVIEWER: If respondent has done both daily and less than daily in the past, check: 1 Yes, daily.	 Yes, daily	Q3006AA Q3006AA Q3007
	Q3004Ae. Other(smokeless tobacco products), specify:	→	If Q3002A = 1 \rightarrow Q3007 If Q3002A = 2 \rightarrow Q3005AAA

ALCOHOL (show Alcohol card to respondent - see Appendix A3000B)						
	NEW	1	Yes			
Q3007	Have you ever consumed a drink that contains alcohol (such as beer, wine, spirits)? FOLLOW-UP (YES)	2	No, Never→	Q3012		
	Since we last spoke to you, have you consumed a drink that contains alcohol?					
Q3008	Have you consumed alcohol in the last 30 days?	1 2	Yes No→	Q3010		
Q3009	During <u>the past 7 days, how many</u> drinks of any alcoholic beverage did you have <u>each day</u> ? USE SHOWCARD Appendix A3000B.	nı	INTERVIEWER: Want respondent to tell y umber of "standard" drinks. By standard dri to Appendix. Include number below.	nk - refer		
	Q3009a. Monday					
	Q3009b. Tuesday					
	Q3009c. Wednesday					
	Q3009d. Thursday					
	Q3009e. Friday					

	Q3009f. Saturday		
	Q3009g. Sunday		
Q3010	In the <u>last 12 months</u> , how frequently [on how many days] on average, have you had at least one alcoholic drink?	 0 No days	12
Q3011	In the <u>last 12 months</u> , on the <u>days you drank</u> alcoholic beverages, how many drinks did you have on average?	-8 DON'T KNOW	

NUTRITION

Studies have shown that nutrition and life-style are very important health factors. I want to ask you a few questions about your diet. I am going to ask you about the fruit and vegetables you usually eat.

(Show Nutrition card to respondent -- see Appendix A3000C)

Q3012	How many servings of <u>fruit</u> do you eat on a typical day?	SERVINGS
		-8 Don't know
Q3013	How many servings of <u>vegetables</u> do you eat on a typical day?	
		-8 Don't know
		1 Always
		2 Rarely
Q3015a	Do you add salt to food at the table?	3 Sometimes
		4 Often
		5 Never
	In the food you eat at home, salt is added in cooking?	1 Always
		2 Rarely
Q3015b		3 Sometimes
		4 Often
		5 Never
		1 Far too much
		2 Too much
	How much salt do you think you consume?	3 Just the right amount
Q3015c		4 Too little
	INTERVIEWER: READ LIST	5 Far too little
		8 Don't Know
		9 Refused
		1 Yes
	Do you think that a high salt diet could cause a serious health problem?	2 No
		8 Don't Know
		9 Refused

		1	Yes
	Do you do anything on a regular basis to control	2	No
Q3015e	your salt or sodium intake?	8	Don't know
		9	Refused
		1	Every month
	In the <u>last 12 months</u> , how often did you ever eat less than you felt you should because there wasn't enough food?	2	Almost every month
Q3014		3	Some months, but not every month
		4	Only in 1 or 2 months
		5	Never
		1	Every month
	In the <u>last 12 months</u> , were you ever hungry, but didn't eat because you couldn't afford enough	2	Almost every month
Q3015		3	Some months, but not every month
	food?	4	Only in 1 or 2 months
		5	Never

PHYSICAL ACTIVITY - (SEE APPENDIX A3000D)

Next I am going to ask you about the time you spend doing different types of physical activity in a typical week. Please answer these questions even if you do not consider yourself to be an active person. Think first about the time you spend doing work. Think of work as the things that you have to do such as paid or unpaid work, household chores, harvesting food/crops, fishing or hunting for food, providing care or seeking employment.

In answering the following questions 'vigorous activities' require hard physical effort and cause large increases in breathing or heart rate, 'moderate activities' require moderate physical effort and cause small increases in breathing or heart rate.

Q3016	Does your work involve <u>vigorous-intensity</u> activity that causes large increases in breathing or heart rate, [like heavy lifting, digging or chopping wood] for at least 10 minutes continuously? INSERT EXAMPLES & USE SHOWCARD	1 Yes 2 No	9
Q3017	In a typical week, on how many days do you do vigorous-intensity activities as part of your work?	DAYS	
Q3018	How much time do you spend doing <u>vigorous-intensity</u> activities at work on a typical day?	Hours:Minutes	
Q3019	Does your work involve <u>moderate-intensity activity</u> that causes small increases in breathing or heart rate [such as brisk walking, carrying light loads, cleaning, cooking, or washing clothes] for at least 10 minutes continuously? INSERT EXAMPLES & USE SHOWCARD	1 Yes 2 No	2
Q3020	In a typical week, on how many days do you do moderate-intensity activities as part of your work?	DAYS	
Q3021	How much time do you spend doing <u>moderate-</u> intensity activities at work on a typical day?	Hours:Minutes	

Now I w	The next questions exclude the physical activities at work that you've already mentioned. Now I would like to ask you about the usual way you travel to and from places. For example, getting to work, to shopping, to the market, to place of worship. [Insert other examples if needed]				
Q3022	Do you walk or use a bicycle (pedal cycle) for at least 10 minutes continuously to get to and from places?	1 YES 2 No→	Q3025		
Q3023	In a typical week, on how many days do you walk or bicycle for at least 10 minutes continuously to get to and from places?	DAYS			
Q3024	How much time would you spend walking or bicycling for travel on a typical day?	Hours:Minutes			
	t questions exclude the work and transport activities sk you about sports, fitness, leisure and recreationa		/ I would		
Q3025	Do you do any <u>vigorous intensity sports</u> , fitness or recreational (leisure) activities that cause large increases in breathing or heart rate [like running or football], for at least 10 minutes continuously? INSERT EXAMPLES & USE SHOWCARD	1 Yes 2 No→	Q3028		
Q3026	In a typical week, on how many days do you do <u>vigorous</u> intensity sports, fitness or recreational (leisure) activities?	DAYS			
Q3027	How much time do you spend doing <u>vigorous</u> intensity sports, fitness or recreational activities on a typical day?	Hours:Minutes			
Q3028	Do you do any <u>moderate-intensity sports, fitness or</u> <u>recreational (leisure) activities</u> that causes a small increase in breathing or heart rate [such as brisk walking, cycling or swimming] for at least 10 minutes at a time? INSERT EXAMPLES & USE SHOWCARD	1 Yes 2 No	Q3031		
Q3029	In a typical week, on how many days do you do moderate-intensity sports, fitness or recreational (leisure) activities?	DAYS			
Q3030	How much time do you spend doing moderate intensity sports, fitness or recreational (leisure) activities on a typical day?	Hours:Minutes			
friends i	owing question is about sitting or reclining at wor including time spent [sitting at a desk, sitting wit cards or watching television], but do not include time	h friends, travelling in car, bus, train,			
INSERT	EXAMPLES & USE SHOWCARD				
Q3031	How much time do you usually spend sitting or reclining on a typical day?	Hours:Minutes			

Section 4000: Chronic Conditions and Health Services Coverage

Now I would like to ask you questions about some health problems or health care needs that you may have experienced, and the treatment or medical care that you may have received.

ARTHRITIS			
	NEW		
	Has a health care professional/doctor ever told you that you have <u>arthritis</u> (a disease of the joints)? FOLLOW-UP(those who did not report in Wave 1)		
Q4001	Since we last spoke, has a health care	1 Yes	
Q4001	professional/doctor told you that you have <u>arthritis</u> (a disease of the joints	2 No→	Q4003
	FOLLOW-UP (those who did report in Wave 1)		
	The last time we spoke to you, you said you have arthritis – is that correct?		
	When were you diagnosed?		
		YEARS AGO	
Q4001a	INTERVIEWER: If don't know then ask:	Months ago	
	How long ago were you diagnosed? OR		
	How long have you hadarthritis?	-8 Don't Know	
Q4002	If yes,		
	Have you been taking medications or other treatment for	or it	
	Q4002aduring the last 2 weeks?	1 Yes	
		2 No	
	Q4002bduring the last 12 months?	1 Yes	
		2 No	
	During the last 12 months have you experienced,		
Q4003	pain, aching, stiffness or swelling in or around the	1 Yes	
Q4003	joints (like arms, hands, legs or feet) which were not related to an injury and lasted for more than a month?	2 No	
	During the last 12 months have you experienced,		
Q4004	stiffness in the joint in the morning after getting up from bed, or after a long rest of the joint without	1 Yes	
	movement?	2 No	Q4007
lf Q4003 ai	nd Q4004 are both "No" (that is, no symptoms of arthritis,), skip toə	Q4008
Q4005	How long did this stiffness last?	1 About 30 minutes or less	
		2 More than 30 minutes	
Q4006	Did this stiffness go away after exercise or movement	1 Yes	
	in the joint?	2 No	
Q4007	These symptoms that you have said you experienced in the last 12 months, have you experienced them in	1 Yes	
	the last 2 weeks?	2 No	
			-

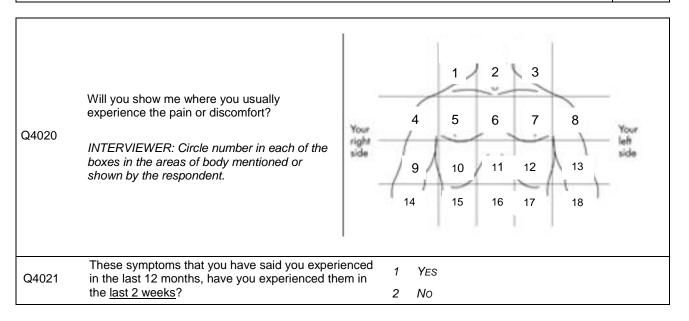
Q4008	Have you experienced <u>back pain</u> during <u>the last 30</u> <u>days</u> ?	1 2	Yes No→	Q4010
Q4009	On how many days did you have this back pain <u>during the last 30 days</u> ?		DAYS	

STROKE [NEW] Has a health care professional/doctor ever told you that you have had a stroke? FOLLOW-UP (those who did not report in Wave 1) 1 Yes Q4010 Since we last spoke, have you been told by a health 2 No.....→ Q4012 professional that you have had a stroke? FOLLOW-UP (those who did report in Wave 1) The last time we spoke to you, you said you previously had a stroke - is that correct? When were you diagnosed? YEARS AGO Q4010a INTERVIEWER: If don't know then ask: MONTHS AGO How long ago were you diagnosed? OR -8 DON'T KNOW How long ago did you have a stroke/your last stroke? Q4011 Have you been taking any medications or other treatment for it... 1 YES Q4011a. ...during the last 2 weeks? 2 No 1 YES Q4011b. ...during the last 12 months? 2 No Have you ever suffered from sudden onset of paralysis 1 YES or weakness in your arms or legs on one side of your Q4012 2 No body for more than 24 hours? Have you ever had, for more than 24 hours, sudden onset of loss of feeling on one side of your body, 1 YES Q4013 without anything having happened to you immediately 2 No before?

Angina

	NEW		
	Has a health care professional/doctor ever told you that you have <u>angina</u> or <u>angina pectoris</u> (a heart disease)?		
	FOLLOW-UP (those who did not report in Wave 1)	1 Yes	
Q4014	Since we last spoke, has a health care professional/doctor told you that you have <u>angina</u> or <u>angina pectoris</u> (a heart disease)?	2 No	Q4016
	FOLLOW-UP (those who did report in Wave 1)		
	The last time we spoke to you, you said you have angina– is that correct?		
Q4014a	When were you diagnosed?	YEARS AGO	
		·	

	INTERVIEWER: If don't know then ask:	Mo	ONTHS AGO	
	How long ago were you diagnosed? OR	-8	Don't Know	
	How long have you hadangina?			
Q4015	Have you been taking any medications or other treatme	<u>ent</u> fo	r it	
		1	Yes	
	Q4015aduring the last 2 weeks?	2	No	
	OddEh during the last 10 months?	1	Yes	
	Q4015bduring the last 12 months?	2	No	
	During the last 12 months, have you experienced any	1	Yes	
Q4016	pain or discomfort in your <u>chest</u> when you walk uphill or hurry?	2	No	
		3	Never walks uphill or hurries	
0 40 47	During the last 12 months, have you experienced any	1	Yes	
Q4017	pain or discomfort in your chest when you walk at an ordinary pace on level ground?	2	No→	Q4022
		1	Stop or slow down	
Q4018	What do you do if you get the pain or discomfort when you are walking?	2	Carry on after taking a pain relieving medicine that dissolves in your	
	Read choices		mouth	
		3	Carry on walking	
Q4019	If you stand still, what happens to the pain or discomfort?	1	Relieved	
Q-013	Read choices	2	Not relieved	



DIABETES			
	FOLLOW-UP		
0.4000	Since the last time we spoke, have you been	1 Yes	
Q4022	diagnosed with <u>diabetes</u> (high blood sugar)?	2 No→	Q4025
	(Not including diabetes associated with a pregnancy)		
	When were you diagnosed?		
Q4022a			
	INTERVIEWER: If don't know then ask:		

	How long ago were you diagnosed? OR	Months ago	
	How long have you had diabetes?	-8 Don't Know	
Q4023	Have you been taking insulin or other blood sugar lowering medications		
	Q4023a in the <u>last 2 weeks</u> ?	1 Yes 2 No	
	Q4023b in the <u>last 12 months</u> ?	1 YES 2 NO	
Q4024	Are you following a special diet, exercise regime or weight control program for diabetes during the <u>last 2</u> <u>weeks</u> ? (As recommended by health professional)	1 Yes 2 No	
CHRONIC L	.ung Disease		
Q4025	Have you ever been told by a doctor or health care professional that you have <u>chronic lung disease</u> (emphysema, bronchitis, COPD)?	1 YES 2 No	
	When were you diagnosed?		
Q4025a	INTERVIEWER: If don't know then ask:		
	How long ago were you diagnosed? OR	Months ago -8 Don't Know	
	How long have you hadCOPD/emphysema?		
Q4026	Have you been taking any medications or other treatment (like oxygen) for it		
	Q4026ain the last 2 weeks?	1 Yes 2 No	
	Q4026bin the last 12 months?	1 Yes. 2 No	
Q4027	During the last 12 months, have you experienced any shortness of breath at rest? (while awake)	1 Yes 2 No	
Q4028	During the last 12 months, have you experienced any coughing or wheezing for ten minutes or more at a	1 Yes 2 No	
0.4022	time? During the last 12 months, have you experienced any	2 NO 1 YES	
Q4029	coughing up sputum or phlegm for most days of the month for at least 3 months?	2 No	

Аѕтнма

Q4033	Have you ever been diagnosed with asthma (an allergic respiratory disease)?	1 Yes 2 No→ Q4035
Q4033a	When were you diagnosed? INTERVIEWER: If don't know then ask: How long ago were you diagnosed? OR How long have you hadasthma?	YEARS AGO MONTHS AGO -8 Don't Know
Q4034	Have you been taking any medications or other treatment for it	
	Q4034ain the <u>last 2 weeks</u> ?	1 Yes
		2 No

	Q4034b in the last 12 months?	1	Yes		
		2	No		
During the last 12 months, have you experienced any of the following:					
Q4035	Attacks of wheezing or whictling breathing?	1	Yes		
Q4035	Attacks of wheezing or whistling breathing?	2	No		
0.4000	Attack of wheezing that came on after you stopped	1	Yes		
Q4036	exercising or some other physical activity?	2	No		
0 4007		1	Yes		
Q4037	A feeling of tightness in your chest?	2	No		
	Have you woken up with a feeling of tightness in your	1	Yes		
Q4038	chest in the morning or any other time?	2	No		
	Have you had an attack of shortness of breath that	1	YES		
Q4039	came on without obvious cause when you were not	2	No		
15 0 4005 -	exercising or doing some physical activity?		- -		
	0 Q4039 ARE ALL 'NO', SKIP TO			Q4040	
IF ONE OF TH	HE SYMPTOM QUESTIONS (Q4035 TO Q4039) IS 'YES', CONTINU	JE W	ITH Q4039a.		
_	These symptoms that you said you experienced in the	1	Yes		
Q4039a	last 12 months, have you experienced them in the <u>last</u>	2	No		
	<u>2 weeks</u> ?				
Depressio	N				
	Since we last spoke, have you been told by a doctor	1	Yes		
Q4040	that you have depression?	2	No	Q4042	
	When were you diagnosed?				
Q4040a	INTERVIEWER: If don't know then ask:				
	How long ago were you diagnosed? OR	Mc	ONTHS AGO		
	How many years have you had depression?	-8	Don't Know		
Depressio	N continued				
	Have you been taking any medications or other treatment	<u>nt</u> fo	r it		
Q4041	(Other treatment can include attending therapy or couns	eling	g sessions.)		
		1	Yes		
	Q4041aduring the last 2 weeks?	2	No		
		1	YES		
	Q4041bduring the last 12 months?	2	No		
	During the last 12 months, have you had a period	1	Vro		
Q4042	lasting several days when you felt sad, empty or	1	Yes		
	depressed?	2	No		
	During the last 12 months, have you had a period	1			
Q4043	lasting several days when you <u>lost interest</u> in most things you usually enjoy such as personal	1	Yes		
	relationships, work or hobbies/recreation?	2	No		
	During the last 12 months, have you had a period	1	Veo		
Q4044	lasting several days when you have been feeling your	1	Yes		
	energy decreased or that you are tired all the time?	2	No		
INTERVIEV	VER: IF ANY ONE OF Q4042, Q4043 OR Q4044 IS "Y	'ES"	, CONTINUE TO Q4045		
IF ALL 3 (Q40	60		
0.40.17	Was this period [of sadness/loss of interest/low energy]	1	Yes		
Q4045	for more than 2 weeks?	2	No→	Q4060	

Q4046	Was this period [of sadness/loss of interest/low energy]	1	Yes
	most of the day, nearly every day?	2	No
Q4047	During this period, did you lose your appetite?	1 Yes	Yes
Q4047	During this period, did you <u>tose your appenne</u> :	2	No
Q4048	Did you notice any slowing down in your thinking?	1	YES
Q4040	Did you holice any slowing down in your thinking?	2	No
Q4049	Did you notice any problems <u>falling asleep</u> ?	1	YES
Q4049	Did you notice any problems <u>naming asleep</u> ?	2	No
Q4050	Did you notice any problems working up too early?	1	Yes
Q4050	Did you notice any problems waking up too early?	2	No
	During this period, did you have any difficulties	1	Yes
Q4051	<u>concentrating;</u> for example, listening to others, working, watching TV, listening to the radio?	2	No
Q4052	Did you notice any slowing down in your moving	1	Yes
Q4052	around?	2	No
Q4053	During this period, did you feel anxious and worried	1	YES
Q4055	most days?	2	No
	During this period, were you so restless or jittery nearly	1	Yes
Q4054	every day that you paced up and down and couldn't sit still?	2	No
Q4055	During this period, did you feel negative about yourself	1	YES
Q4055	or like you had <u>lost confidence</u> ?	2	No
Q4056	Did you frequently feel <u>hopeless</u> - that there was no	1	Yes
Q4000	way to improve things?	2	No
04057	During this poriod, did your interact in cay downcore?	1	Yes
Q4057	During this period, did your interest in sex decrease?	2	No
04050	Did you think of dooth, or wish you was do	1	Yes
Q4058	Did you think of death, or wish you were dead?	2	No
	During this provided distance successful to and the W. O	1	Yes
Q4059	During this period, did you ever try to end your life?	2	No

HYPERTENSION

ITTPERIENS	SION			
Q4060	Since we last spoke, have you been told by a doctor or health care professional that you have high blood pressure (hypertension)?	1 2	Yes No→	Q4062
Q4060a	When were you diagnosed? INTERVIEWER: If don't know then ask: How long ago were you diagnosed? OR How many years have you hadhypertension?	Mo	YEARS AGO NTHS AGO -8 Don't Know	
Q4061	Have you been taking any medications or other treatment (Other treatment might include weight loss programme of the treatment might loss programme of the treatment might include weight loss programme of the treatment might loss progra		0	
	Q4061a the <u>last 2 weeks</u> ?	2	No	
	Q4061bthe last 12 months?	1 2	Yes No	

CATARACTS

Q4062	Since last we spoke, were you diagnosed with a <u>cataract</u> in one or both of your eyes (a cloudiness in the lens of the eye)?	1 2		Q4064
		8	Don't know	
Q4063	In the last 5 years, have you had <u>eye surgery</u> to	1	Yes	
Q+003	remove this cataract(s)?	2	No	
In the las	t 12 months have you experienced any of the following:			
Q4064	cloudy or blurry vision?	1	Yes	
Q4004		2	No	
Q4065	vision problems with light, such as glare from bright	1	Yes	
Q4000	lights, or halos around lights?	~	No	

ORAL HEALTH

Now I would like you to tell me about the condition of your mouth and teeth.

Q4066	Have you lost all of your natural teeth?	1	YES	
Q 1000	nave yea <u>root an</u> of year national tooth.	2	No	
04067	During the last 12 months, have you had any problems	1	Yes	
Q4067	with your mouth and/or teeth (this includes problems with swallowing)?	2	No→	Q4069
Q4068	B Have you received any treatment from a dentist or other oral health specialist during			
	Q4068a the last 2 weeks?	1	Yes	
	44000 the <u>last 2 weeks</u> :	2	No	
	04069b the last 10 menths?	1	Yes	
	Q4068b the <u>last 12 months</u> ?		No	

INJURIES

MJONIEJ				
Q4069	In the <u>last 12 months</u> , have you been involved in a <u>road traffic accident</u> where you suffered from bodily injury? PROBE: This could have been an accident in which you were involved either as the occupant of a motor vehicle, or when you were riding a motorcycle or bicycle or walking.	1 2	Yes (if more than one accident, select the most recent to ask about in more detail below) No	073
		1	IT WAS AN ACCIDENT (UNINTENTIONAL)	
Q4070	How did the injury happen? Was it an accident, did someone else do this to you, or did you do this to	2	Someone else did it to me deliberately (Intentional)	
	yourself?	3	I DID IT TO MYSELF DELIBERATELY (SELF-INFLICTE	ED)
		8	Don'τ κΝοψ	

INJURIES continued	
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Q4071	Did you receive any <u>medical care or treatment</u> for your injuries?	1 2	Yes No	
	Did you suffer a physical disability as a result of	2	INU	
Q4072	being injured?	1	Yes	
Q4072	INTERVIEWER: Disability is any restriction or lack	2	No	Q4073
	of ability to perform an activity as before the injury.	Ζ	NO	Q4073
		1	Unable to use hand or arm	
	Q4072a. In what ways were you physically	2	Difficulty to use hand or arm	
	disabled?	3	Walk with a limp	
		4	Loss of hearing	
		5	Loss of vision	
	INTERVIEWER: CIRCLE ALL THAT RESPONDENT	6	Weakness or shortness of breath	
	SELECTS.	7	Inability to remember things	
		8	Inability to chew	
		87	Other, specify:	
	In the last 12 months, have you had any other event	1	Yes (IF MORE THAN ONE EVENT, SELECT	
Q4073	where you suffered from bodily injury?	,	THE MOST RECENT TO ASK ABOUT IN MORE	
			DETAIL BELOW)	
	INTERVIEWER: If more than one, ask respondent to think of the most recent event.	2	No→	Q4078
		1	Home	
	Q4073a. Where were you when you were injured?	2	School	
		3 Work		
		7	Other, specify :	
		8	Don't know	
04074	What was the serves of this injury?	1	Fall	
Q4074	What was the cause of this injury?	2	Struck/hit by person or object	
		3	Stabbed	
		4	Gun shot	
		5	Fire, flames or heat	
		6 7	Drowning or near-drowning Poisoning	
		8	Animal bite	
		9	Electricity shock	
			Other, specify:	
			Don't know	
Q4075	How did the injury happen? Was it an accident, did	1	IT WAS AN ACCIDENT (UNINTENTIONAL)	
SCHUIU	someone else do this to you, or did you do this to	2	Someone else did it to me deliberately	
	yourself?	2	(INTENTIONAL)	
		3	I DID IT TO MYSELF DELIBERATELY (SELF-INFI	LICTED)
		8	Don'τ κνοw	1
04070	Did you receive any medical care or treatment for	4	Vro	
Q4076	your injuries?	1	Yes	
		2	No	

INJURIES continued...

04077	Did you suffer a physical disability as a result of being injured?	1	¥=o	
Q4077	INTERVIEWER: disability is any restriction or lack of	2	Yes No→	Q4078
ability to perform an activity as befor	ability to perform an activity as before the injury.	_		
		1	UNABLE TO USE HAND OR ARM	•
	Q4077a. In what ways were you physically	2	DIFFICULTY TO USE HAND OR ARM	
	disabled?	3	WALK WITH A LIMP	Q4078
	INTERVIEWER: CIRCLE ALL THAT RESPONDENT SELECTS.	4	Loss of hearing	
		5	Loss of vision	
		6	WEAKNESS OR SHORTNESS OF BREATH	
		7	INABILITY TO REMEMBER THINGS	
		8	INABILITY TO CHEW	
		87	OTHER, SPECIFY:	

CERVICAL CANCER AND BREAST CANCER SCREENING (WOMEN ONLY)

Questions to be asked to FEMALE respondents only. FEMALE→ Q4078 MALE→ GO TO NEXT SECTION

Now I would like to ask you about some of the kinds of medical care or tests that you may have received.

Q4078	NEW When was <u>the last time</u> you had a <u>pelvic</u> <u>examination</u> , if ever?		
	(By pelvic examination, I mean when a doctor or nurse examined your vagina and uterus?)	YEARS AGO	
	ENTER "00" IF LESS THAN 1 YEAR AGO.	98 Never had exam→	Q4080
	FOLLOW-UP (SAME QUESTION, JUST REMOVE THE "IF EVER?")		
	The last time you had the pelvic examination, did you		
Q4079	have a PAP smear test?	1 Yes	
	(By PAP smear test, I mean did a doctor or nurse use a swab or stick to wipe from inside your vagina, take a sample and send it to a laboratory?)	2 No	
Q4080	When was the last time you had a mammography, if ever?		
	(That is, an x-ray of your breasts taken to detect breast cancer at an early stage.)	YEARS AGO	
	ENTER "00" IF LESS THAN 1 YEAR AGO.	98 Never had exam	
	FOLLOW-UP (SAME QUESTION, JUST REMOVE THE "IF EVER?")		

Section 5000: Health Care Utilization

I would now like to know about your recent experiences with obtaining health care from health care workers, hospitals, clinics and the health care system. I want to know if you needed health care recently, and if so, why you needed health care and what type of facility and health care provider you received care from.

Q5001	NEW When was the last time that you needed health care? INTERVIEWER: this can be inpatient or outpatient	years ago months ago		
	care. If less than one month ago, enter "00" for years, "00" for months and enter the number of days. FOLLOW-UP		days ago	
	Since we last spoke with you, when was the last time you needed health care?	98 -8	Never→ Don't know	Q5046
	Q5001a. If 'don't know',	1	Yes→	Q5046
	Was it more than 3 years ago?	2	No	
Q5002	The last time you needed health care, did you get	1	Yes	
Q3002	health care?	2	No→	Q5025

Q5004	Thinking about health care you needed in the last 3 years, where did you go <u>most often</u> when you felt sick or needed to consult someone about your health?	1	Private doctor's office
		2	Private clinic or health care facility
		3	Private hospital
		4	Public clinic or health care facility
	INTERVIEWE R: Only one answer allowed.	5	Public hospital
		6	Charity or church run clinic
		7	Charity or church run hospital
		8	Traditional healer [use local term]
		9	Pharmacy or dispensary
		87	Other, specify:

INPATIENT HOSPITAL CARE

The next two questions ask about <u>any</u> overnight stay in a hospital or other health care facility you have had [NEW] in the last 3 years [FOLLOW-UP] since we last spoke with you.

	NEW		
	In the last 3 years, have you ever stayed overnight in a	1 Yes, a hospital	
Q5005	hospital or long-term care facility?	2 Yes, LONG TERM CARE FACILITY	
40000	FOLLOW-UP	3 BOTH (HOSPITAL AND LONG TERM CARE	
	Since we last spoke, have you stayed <u>overnight</u> in a hospital or long-term care facility?	FACILITY) 4 No→	Q5025
Q5006	When was the <u>last</u> overnight stay in a hospital or long-term care facility?	years ago months ago	
	INTERVIEWER: If less than one month ago, enter "00" for years, "00" for months and enter number of days.	days ago	

	WHO Study on global AGEing an INDIVIDUAL Questionnai		
		-8 Don'т кnow If more than 3 years agoЭ	Q5025
	ould like to know about more recent times - if you' e of health care facility in the last 12 months.	ve had any overnight stays in a hospital or	
Q5007	Over the last 12 months, how many different times were you a patient in a hospital/long-term care facility for at least one night?	U TIMES -8 Don't KNOW IF "00" (NO OVERNIGHT STAYS)	Q5025
l want to most rec hospitaliz	INT HOSPITAL CARE Continued know more about why you needed an overnight ent stay, I want to know more about your over zed each time. But first I would like you to con stay only.	night stays, including why you needed to be	
Q5008	What type of hospital or facility was it? Remember w are asking now about your last (most recent) overnig stay. INTERVIEWER: One answer only.		
	Q5008a. What was the name of this hospital or facility	7 Other, specify:	
	 Q5008. What was the hame of this hospital of facility Q5008b. Which reason best describes why you were INTERVIEWER: Respondent can select only ONE main 1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) 2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) 3 NUTRITIONAL DEFICIENCIES 4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 5 INJURY (NOT OCCUPATION RELATED) 6 SURGERY 7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK) 	 e last hospitalised? reason for visit. USE SHOWCARD. 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING 13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY 18 CANCER 87 OTHER, SPECIFY: 	
Q5009	How did you get there? INTERVIEWER: Circle all that the respondent mentions.	 Private vehicle Public transportation Taxicab Ambulance or emergency vehicle Bicycle Walked Don't KNOW 	

	Q5009a. About how long did it take you to get there?	-8 DON'T KNOW	
Q5010	Who paid for this hospitalisation? Anyone else? INTERVIEWER: Circle all responses. Probe to see if anyone else paid or contributed to paying for the	 RESPONDENT SPOUSE/PARTNER SON/DAUGHTER OTHER FAMILY MEMBER NON-FAMILY MEMBER MANDATORY INSURANCE SCHEME 	
	care?	 7 Voluntary Insurance Scheme 8 Hospitalisation was free → 	Q5013
INPATIE	NT HOSPITAL CARE Continued	·	·
Q5011	Thinking about your last [hospital] stay, how much did you or your family/household members <u>pay out-of-pocket</u> for:	a. [HEALTH CARE PROVIDER'S] FEES	
		b. Medicines	
	INTERVIEWER: enter "0" if the service was free - If a person did not have medicines or tests, enter 99998 for "Not applicable, did not have".		
	[use local currency]	d. Transport	
		e. Other	
Q5012	About <u>how much in total</u> did you or a family/household member <u>pay out-of-pocket</u> for this hospitalisation?		
Q5013	Overall, how <u>satisfied</u> were you with the care you received during your last [hospital] stay?	 Very satisfied Satisfied Neither satisfied nor dissatisfied Dissatisfied Very dissatisfied 	
Q5014	What was the outcome or result of your visit to the [hospital]? Did your condition	 Get much better Get better No change Get worse Get much worse 	
Q5015	Was this the outcome or result you had expected?	1 Yes	

	2 No	
	2 110	

INTERVIEWER: We will ask the respondent about up to 2 additional overnight stays using Q5016 to Q5017 below. if only ONE overnight stay in the last 12 months, skip to Q5018.

I have asked you many questions about your last overnight stay, but now I want to know about other overnight stays you have had in the last 12 months. Think now of the overnight stay the time before the one you just described to me. This would be your <u>second</u> overnight stay in the last 12 months.

Q5016 What type of hospital or facility was it?	 Public hospital Private hospital Charity or church-run hospital Old person's home or long-term care facility
	7 Other, specify:
 Q5016a. Which reason best describes why you were INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) INJURY SURGERY SLEEP PROBLEMS OCCUPATION/WORK RELATED CONDITION/INJURY CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK) 	

INTERVIEWER: if only TWO overnight stays in the last 12 months, skip now to Q5018.

And now think of the overnight stay the time before the one you just described to me. This would be your <u>third</u> overnight stay in the last 12 months.

Q5017	What type of hospital or facility was it?	1 P	Public hospital			
		2 P	Private hospital			
		3 C	Charity or church-run hospital			
		4 O	DId person's home or long-term care facility			
		7 0	Other, specify:			
	INTERVIEWER: Respondent can select only ONE main reason for visit. USE SHOWCARD.					
	Q5017a. Which reason best describes why you were last hospitalised?					
	1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA,	-	ABETES OR RELATED COMPLICATIONS			
	TUBERCULOSIS, HIV)		ROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED			
	2 MATERNAL AND PERINATAL CONDITIONS (PREGNANCY)		IN IN CHEST ROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING			
	3 NUTRITIONAL DEFICIENCIES		ROBLEMS WITH YOUR BREATHING			
	4 Acute conditions (diarrhoea, fever, flu,		GH BLOOD PRESSURE / HYPERTENSION			
	HEADACHES, COUGH, OTHER)		TROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY			
	5 INJURY	16 GE	ENERALIZED PAIN (STOMACH, MUSCLE OR OTHER			

- 6 SURGERY
- 7 SLEEP PROBLEMS
- 8 OCCUPATION/WORK RELATED CONDITION/INJURY
- 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS,

BACK, NECK)

NONSPECIFIC PAIN)

- 17 DEPRESSION OR ANXIETY
- 18 CANCER
- 87 OTHER, SPECIFY:

INPATIENT HOSPITAL CARE Continued...

Now I want you to think again about your most recent overnight stay. I would like to ask you about your impressions of your last overnight stay. I would like you to rate your experiences using the following questions.

	last visit to a hospital or long-term care now would you rate the following:	Very good	Good	Moderate	Bad	Very bad
Q5018	the amount of time you <u>waited</u> before being attended to?	1	2	3	4	5
Q5019	your experience of <u>being treated</u> respectfully?	1	2	3	4	5
Q5020	how <u>clearly</u> health care providers explained things to you?	1	2	3	4	5
Q5021	your experience of being involved in making decisions for your treatment?	1	2	3	4	5
Q5022	the way the health services ensured that you could <u>talk privately</u> to providers?	1	2	3	4	5
Q5023	the <u>ease</u> with which you could see a health care provider you were happy with?	1	2	3	4	5
Q5024	the <u>cleanliness</u> in the health facility?	1	2	3	4	5

	In the last 12 months, has there been a time when you	1	Yes	
Q5025	needed to stay overnight in a health care facility but did not get that care?	2	No→	Q5026

Q5025a. What was the main reason you needed care, but did not get care?

INTERVIEWER: Respondent can select ONLY one main reason for visit. USE SHOWCARD (APPENDIX RESPONSE SCALES)

1 2 3 4 5 6 7 8 9	Communicable disease (infections, malaria, tuberculosis, HIV) Maternal and perinatal conditions (pregnancy) Nutritional deficiencies Acute conditions (diarrhoea, fever, flu, headaches, cough, other) Injury (not work related, see 8 below) Surgery Sleep problems Occupation/work related condition/injury Chronic pain in your joints/arthritis (joints, back, neck)	12 13 14 15 16 17 18	other nonspecific pain) Depression or anxiety Cancer	
10	Diabetes or related complications		Other, specify:	

	1 COULD NOT AFFORD THE COST OF THE VISIT
Q5025b. Which reason(s) best explains why you did	2 NO TRANSPORT AVAILABLE
not get health care?	3 COULD NOT AFFORD THE COST OF TRANSPORT
	4 YOU WERE PREVIOUSLY BADLY TREATED
NTERVIEWER:	5 COULD NOT TAKE TIME OFF WORK OR HAD
Circle all that the respondent indicates.	OTHER COMMITMENTS
	6 THE HEALTH CARE PROVIDER'S DRUGS OR
	EQUIPMENT WERE INADEQUATE
	7 The health care provider's skills were INADEQUATE
	8 YOU DID NOT KNOW WHERE TO GO
	9 YOU TRIED BUT WERE DENIED HEALTH CARE
	10 YOU THOUGHT YOU WERE NOT SICK ENOUGH
	87 Other, specify:

OUTPATIENT CARE AND CARE AT HOME

Now I will shift away from questions about overnight stays – to questions about health care you received that did <u>not</u> include an overnight hospital stay. The following questions are about care you received at a hospital, health centre, clinic, private office or at home from a health care provider, but where you did <u>not</u> stay overnight.

Q5026	Over the last 12 months, did you receive any health care NOT including an overnight stay in hospital or long-term care facility?	1 YES 2 No→	Q5046
Q5027	In total, how many times did you receive health care or consultation in the last 12 months?		

Now I would like you to think about the most recent visit - and ask you specifically about your last or most recent visit.

//3/1.		
		1 Private doctor's office
Q5028	What was the last (most recent) health care facility you visited in the <u>last 12 months</u> ?	2 Private clinic or health care facility
		3 Private hospital
		4 Public clinic or health care facility
	INTERVIEWER:	5 Public hospital
	Read out responses, circle one option only	6 Charity or church run clinic
		7 Charity or church run hospital
		8 Home visit
		87 Other, specify:
	Q5028a. What was the name of this health care facility or provider?	

OUTPATIENT CARE AND CARE AT HOME continued...

JUIPAIIEN	T CARE AND CARE AT HOME continued	
Q5029	Which was the last (most recent) health care	1 MEDICAL DOCTOR (INCLUDING SURGEON, GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST,)
Q3023	provider you visited?	2 NURSE/MIDWIFE
		3 Dentist
	INTERVIEWER:	4 PHYSIOTHERAPIST OR CHIROPRACTOR
	After Q5029 substitute the type of health care provider selected by the patient when you see	5 TRADITIONAL MEDICINE PRACTITIONER (use local name)
	[health care provider] in parentheses	6 PHARMACIST, DRUGGIST
		7 HOME HEALTH CARE WORKER
		8 Don't know
		1 Male
	Q5029a. What was the sex of the [health care	2 Female
	provider]?	3 TRANSGENDER
		1 Chronic
	Q5029b. Was this visit to [health care provider] for	2 New
	a chronic (ongoing) condition, new condition, both	3 Вотн
	or routine check-up?	4 ROUTINE CHECK-UP
	Q5029c. Which reason best describes why you need	
	INTERVIEWER: Respondent can select only ONE mail	
	1 Communicable disease (infections, malaria,	10 Diabetes or related complications
	TUBERCULOSIS, HIV)	11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED
	2 MATERNAL AND PERINATAL CONDITIONS	PAIN IN CHEST
	(PREGNANCY)	12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING
	 3 NUTRITIONAL DEFICIENCIES 4 ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 5 INJURY 	13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION
		15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY
		16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER
	6 SURGERY	NONSPECIFIC PAIN)
	7 SLEEP PROBLEMS 8 OCCUPATION/WORK RELATED CONDITION/INJURY	17 DEPRESSION OR ANXIETY 18 CANCER
	 9 CHRONIC PAIN IN YOUR JOINTS/ARTHRITIS (JOINTS, BACK, NECK) 	87 OTHER, SPECIFY:
		1 Private vehicle
Q5030	Thinking about your last visit, how did you get	2 Public transportation
	there?	3 Taxicab
		4 Ambulance or emergency vehicle
	INTERVIEWER:	5 Bicycle
	Circle all that the respondent mentions.	6 Walked
		8 Don't know
		9 NOT APPLICABLE
Q5031	About how long did it take you to get there?	
		-8 Don't know
		1 RESPONDENT
Q5032	Who paid for this most recent visit?	2 SPOUSE/PARTNER
		3 SON/DAUGHTER
	Anyone else?	4 OTHER FAMILY MEMBER
		5 Non-family member
	INTERVIEWER: Circle all responses. Probe to see if	6 Mandatory Insurance Scheme
	anyone else paid or contributed to paying for the	7 Voluntary Insurance Scheme
	,	

	care?	8	It was free 🕈	Q5034
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OUTPATIENT CARE AND C	ARE AT HOME continued
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		A. [HEALTH CARE PROVIDER'S] FEES
Q5033	Thinking about your <u>last visit</u> , how much did you or your household pay for:	
		B. MEDICINES
	INTERVIEWER: Only write "0" if the service was free.	C. TESTS
	If a person did not have tests or drugs, enter 99998 for "Not applicable, did not have".	
	(local currency)	E. OTHER
		F. TOTAL COSTS
Q5034	Overall, how <u>satisfied</u> were you with the care you received during your last visit?	 Very satisfied Satisfied Neither satisfied nor dissatisfied Dissatisfied Very dissatisfied
Q5035	What was the outcome of your visit to the health care provider? Did your condition?	 Get much better Get better No change Get worse Get much worse
Q5036	Was this the outcome/result you had expected?	1 YES 2 No

INTERVIEWER: We will ask the respondent about up to two additional visits using Q5037 through Q5038. If only ONE visit in past 12 months, **skip to Q5039**.

I will ask you about up to two more encounters/visits with health professionals in addition to the last visit you just described. So could you please tell us now about the visit prior to the last (most recent) visit you just described. This would describe your second to last visit.

Q5037	Which was the health care provider you visited?	1	MEDICAL DOCTOR (INCLUDING SURGEON, GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC.)
	INTERVIEWER:	2	Nurse/Midwife
	After Q5037 substitute the type of health care provider selected by the patient when you see	3	Dentist
	[health care provider] in parentheses	4	PHYSIOTHERAPIST OR CHIROPRACTOR
		5	TRADITIONAL MEDICINE PRACTITIONER (<i>use local name</i>)
		6	Pharmacist, druggist

	7 HOME HEALTH CARE WORKER
	8 <i>Don'т к</i> лоw
ENT CARE AND CARE AT HOME continued.	
Q5037a . What was the sex of the [<i>health care</i>	1 Male
provider]?	2 Female
, ,	3 Transgender
	1 Chronic
Q5037b. Was this visit to [health care provider] for	2 New
a chronic (ongoing) condition, new condition, both	
or routine check-up?	3 Вотн
	4 ROUTINE CHECK-UP
Q5037c. Which reason best describes why you need INTERVIEWER: Respondent may select only ONE main	
INTERVIEWER: Respondent may select only ONE main 1 COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV)	reason for visit. USE SHOWCARD
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAY PAIN IN CHEST
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAI PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOW
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAI PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOW 13 PROBLEMS WITH YOUR BREATHING
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, 	 reason for visit. USE SHOWCARD 10 Diabetes or related complications 11 Problems with your heart including unexplain pain in chest 12 Problems with your mouth, teeth or swallow 13 Problems with your breathing 14 High blood pressure / hypertension
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) 	 reason for visit. USE SHOWCARD 10 Diabetes or related complications 11 Problems with your heart including unexplain pain in chest 12 Problems with your mouth, teeth or swallow 13 Problems with your breathing 14 High blood pressure / hypertension 15 Stroke/sudden paralysis of one side of body
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) INJURY 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAY PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOV 13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) INJURY SURGERY 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAY PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOV 13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) INJURY SURGERY SLEEP PROBLEMS 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAI PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOV 13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) 17 DEPRESSION OR ANXIETY
 INTERVIEWER: Respondent may select only ONE main COMMUNICABLE DISEASE (INFECTIONS, MALARIA, TUBERCULOSIS, HIV) MATERNAL AND PERINATAL CONDITIONS (PREGNANCY) NUTRITIONAL DEFICIENCIES ACUTE CONDITIONS (DIARRHOEA, FEVER, FLU, HEADACHES, COUGH, OTHER) INJURY SURGERY 	 reason for visit. USE SHOWCARD 10 DIABETES OR RELATED COMPLICATIONS 11 PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAY PAIN IN CHEST 12 PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOV 13 PROBLEMS WITH YOUR BREATHING 14 HIGH BLOOD PRESSURE / HYPERTENSION 15 STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY 16 GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN)

INTERVIEWER: if just TWO visits in last 12 months, skip to Q5039.

And now think of the visit the time before the one you just described to me. This would be your third visit in the last 12 months.

Q5038	Which was the health care provider you visited?	1	MEDICAL DOCTOR (INCLUDING SURGEON, GYNECOLOGIST, PSYCHIATRIST, OPHTHALMOLOGIST, ETC.)
	INTERVIEWER:	2	NURSE/MIDWIFE
	After Q5038 substitute the type of health care provider selected by the patient when you see	3	Dentist
	[health care provider] in parentheses	4	PHYSIOTHERAPIST OR CHIROPRACTOR
		5	TRADITIONAL MEDICINE PRACTITIONER (use local name)
		6	Pharmacist, druggist
		7	HOME HEALTH CARE WORKER
		8	Don'τ κΝοψ
	Q5038a. What was the sex of the [health care	1	MALE
	provider]?	2	Female
	3 TRANSGENDER	TRANSGENDER	
	Q5038b . Was this <u>visit</u> to [<i>health care provider</i>] for a chronic (ongoing) condition, new condition, both	1	Chronic

or routine check-up?	2	New
	3	Вотн
	4	ROUTINE CHECK-UP

OUTPATIENT CARE AND CARE AT HOME continued...

eded this visit? in reason for visit. USE SHOWCARD.
 DIABETES OR RELATED COMPLICATIONS PROBLEMS WITH YOUR HEART INCLUDING UNEXPLAINED PAIN IN CHEST PROBLEMS WITH YOUR MOUTH, TEETH OR SWALLOWING PROBLEMS WITH YOUR BREATHING HIGH BLOOD PRESSURE / HYPERTENSION STROKE/SUDDEN PARALYSIS OF ONE SIDE OF BODY GENERALIZED PAIN (STOMACH, MUSCLE OR OTHER NONSPECIFIC PAIN) DEPRESSION OR ANXIETY CANCER OTHER, SPECIFY:

Now I would like you to think about your most recent visit again. I want to know your impressions of your most recent visit for health care. I would like you to rate your experiences using the following questions.

	<u>last visit</u> to a <u>health care provider</u> , how ou rate the following:	Very good	Good	Moderate	Bad	Very bad
Q5039	the amount of time you <u>waited</u> before being attended to?	1	2	3	4	5
Q5040	your experience of <u>being treated</u> respectfully?	1	2	3	4	5
Q5041	how <u>clearly</u> health care providers explained things to you?	1	2	3	4	5
Q5042	your experience of being involved in making decisions for your treatment?	1	2	3	4	5
Q5043	the way the health services ensured that you could <u>talk privately</u> to providers?	1	2	3	4	5
Q5044	the ease with which you could see a health care provider you were happy with?	1	2	3	4	5
Q5045	the cleanliness in the health facility?	1	2	3	4	5

	In the last 12 months was there a time when you	1	Yes	
Q5046	needed health care from a doctor/in a clinic, but did not get care?	2	No	Q5053

Q5046a. What was the main reason you needed care, even if you did not get care? INTERVIEWER: Respondent can select ONLY one main reason for visit. USE SHOWCARD (APPENDIX RESPONSE SCALES)

1	Communicable disease (infections, malaria,	11	Problems with your heart including
	tuberculosis, HIV)		unexplained pain in chest
2	Maternal and perinatal conditions (pregnancy)	12	Problems with your mouth, teeth or
3	Nutritional deficiencies	10	swallowing
4	Acute conditions (diarrhoea, fever, flu, headaches,		Problems with your breathing
F	cough, other)	14	High blood pressure / hypertension
5	Injury (not work related, see 8 below)	15	Stroke/sudden paralysis of one side of
6 7	Surgery Sleep problems	16	body Generalized pain (stomach, muscle or
8	Occupation/work related condition/injury	10	other nonspecific pain)
9	Chronic pain in your joints/arthritis (joints, back,	17	Depression or anxiety
Ū	neck)		Cancer
10	Diabetes or related complications	87	Other, specify:
		1	COULD NOT AFFORD THE COST OF THE VISIT
	046b. Which reason(s) best explains why you did	2	NO TRANSPORT AVAILABLE
not	get health care?	3	COULD NOT AFFORD THE COST OF TRANSPORT
		4	YOU WERE PREVIOUSLY BADLY TREATED
Inte	ERVIEWER:	5	COULD NOT TAKE TIME OFF WORK OR HAD
Circ	cle all that the respondent indicates.		OTHER COMMITMENTS
		6	THE HEALTH CARE PROVIDER'S DRUGS OR EQUIPMENT WERE INADEQUATE
		7	THE HEALTH CARE PROVIDER'S SKILLS WERE INADEQUATE
		8	You did not know where to go
		9	YOU TRIED BUT WERE DENIED HEALTH CARE
		10	You thought you were not sick enough

We would like to finish this section by asking you two questions about your satisfaction with the health system in your country. If you received health care, think about the health care service(s) you received in the <u>last 12 months</u> when answering the questions.]

Q5053	In general, how satisfied are you with how the	1	Very satisfied
	health care services are run in your country [in	2	Satisfied
	your area] – are you very satisfied, satisfied,	3	Neither satisfied nor dissatisfied
	neither satisfied nor dissatisfied, fairly dissatisfied,	4	Dissatisfied
	or very dissatisfied?	5	Very Dissatisfied
Q5054	How would you rate the way health care in your country involves you in deciding what services it provides and where it provides them?	1 2 3 4 5	Very good Good Moderate Bad Very bad

Section 6000: Social Networks

We would like to shift away from questions about your direct health. This section of the survey asks your opinions about other areas and issues in your life. The following questions are to get your opinions about community, social and political aspects in your life.

We'd like to know about some of your involvement in your community. For all of these, I want you just to give me your best guess, and don't worry that you might be off a little.

	How often in the last 12 months have you	Never	ONCE OR TWICE PER YEAR	Once or Twice per MONTH	ONCE OR TWICE PER WEEK	DAILY
Q6001	attended any public meeting in which there was discussion of local or school affairs?	1	2	3	4	5
Q6002	met personally with someone you consider to be a community leader?	1	2	3	4	5
Q6003	attended any group, club, society, union or organizational meeting?	1	2	3	4	5
Q6004	worked with other people in your neighborhood to fix or improve something?	1	2	3	4	5
Q6005	had friends over to your home?	1	2	3	4	5
Q6006	been in the home of someone who lives in a different neighbourhood than you do or had them in your home?	1	2	3	4	5
Q6007	socialized with coworkers outside of work?	1	2	3	4	5
Q6008	attended religious services (not including weddings and funerals)?	1	2	3	4	5
Q6009	gotten out of the house/your dwelling to attend social meetings, activities, programs or events or to visit friends or relatives?	1	2	3	4	5
Q6010	communicated with your closest friends?	1	2	3	4	5

The next questions are about how you feel about different aspects of your life. For each one, tell me how often you feel that way.

		Never	Rarely	Sometimes	Often
Q6011a	First, how often do you feel that you lack companionship?	1	2	3	4
Q6011b	How often do you feel left out?	1	2	3	4
Q6011c	How often do you feel isolated from others?	1	2	3	4

We'd like to ask you a few questions about how you view other people and institutions.

Q6012	Generally speaking, would you say that most people can be trusted or that you can't be too careful in dealing with people?	1 2	Can be trusted Can't be too careful
Q6013	Do you have someone you can trust and confide in?	1	Yes

|--|

Next, we'd like to know how much you trust different groups of people.

		To a very great extent	To a great extent	Neither great nor small extent	To a small extent	To a very small extent
Q6014	First, think about people in your neighbourhood. Generally speaking, would you say that you can trust them?	1	2	3	4	5
Q6015	Now, think about people whom you work with. Generally speaking, would you say that you can trust them?	1	2	3	4	5
Q6016	And how about strangers? Generally speaking, would you say that you can trust them?	1	2	3	4	5

For the last three questions in this section, we ask about safety in the area where you live.

Q6017	In general, how safe from crime and violence do you feel when you are alone at home?	 Completely safe Very safe Moderately safe Slightly safe Not safe at all
Q6018	How safe do you feel when walking down your street alone after dark?	 Completely safe Very safe Moderately safe Slightly safe Not safe at all
Q6019	In the last 12 months, have you or anyone in your household been the victim of a violent crime, such as assault or mugging?	1 Yes 2 No

Section 7000: Subjective Well-Being and Quality of Life

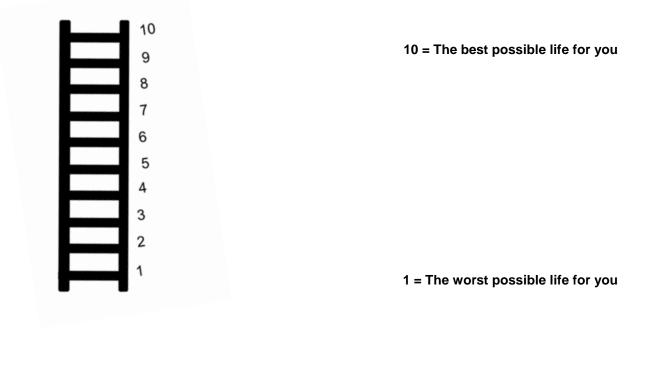
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1

	'd like to ask for your thou It your health and quality		your life ar	d life situation.	We want to kn	ow how you
Q7001	Do you have enough energy for everyday life?			Completely Mostly Moderately A little None at all		
Q7002	Do you have enough money to meet your needs?		vour 2	Completely Mostly Moderately A little None at all		
Please te	ell us how satisfied you a	re with the	following iss	sues.		
	How satisfied are you with	Very satisfied	SATISFIED	NEITHER SATISFIED NOR DISSATISFIED	DISSATISFIED	Very Dissatisfied
Q7003	your health?	1	2	3	4	5
Q7004	yourself?	1	2	3	4	5
Q7005	your ability to perform your daily living activities?	1	2	3	4	5
Q7006	your personal relationships?	1	2	3	4	5
Q7007	the conditions of your living place?	1	2	3	4	5
Q7008	Taking all things together, how <u>satisfied</u> are you with your life as a whole these days?	1	2	3	4	5

			Never
Q7008a	How often have you felt that you were <u>unable</u> to <u>control the important things</u> in your life?	2	Almost never
	to <u>control the important things</u> in your me	3	Sometimes
	Read responses	4	Fairly often
	Read responses	5	Very often
		1	Never
Q7008b	Q7008b How often have you found that you could <u>not</u> <u>cope</u> with all the things that you had to do?	2	Almost never
		3	Sometimes
	Read responses		Fairly often
		5	Very often
		1	Very Good
Q7009	How would you rate your overall quality of life?	2	Good
		3	Moderate
	Read responses	4	Bad
		5	Very Bad
		8	Don't Know

Q7010	Taking all things together, how would you say you are these days? <i>Read responses</i>	 Very happy Happy Neither happy nor unhappy Unhappy Very unhappy <i>Don't Know</i>
Q7011	Please imagine a ladder with steps numbered from one at the bottom to 10 at the top. The top of the ladder represents the best possible life for you and the bottom of the ladder represents the worst possible life for you. On which step of the ladder would you say you personally feel you stand at this time? <i>Interviewer: Show respondent the ladder</i>	NUMBER DON'T KNOW 998 REFUSED 999
Q7012	On which step do you think you will stand about five (5) years from now? Interviewer: Show respondent the ladder	NUMBER DON'T KNOW 998 REFUSED 999



Day reconstruction – Summary Full Day

INTERVIEWER: For this module, you will ask the respondent to reconstruct his or her <u>entire</u> previous day beginning from when s/he woke up until s/he went to sleep. You will not record the day in an event-by-event manner. You will only record broadly what was done in the morning, afternoon and evening. You will also ask the respondent how s/he felt during these 3 parts of the day.

In addition, you will ask details about one experience from each part of the day.

INTRODUCTION to Day Reconstruction - Full Day

Now I would like to ask you questions about what you did yesterday. I want you to try to remember the sequence of activities that you did from when you woke up until when you went to sleep last night.

I will start by asking you what you did in the morning yesterday, and you should just give me a short description. Then I will ask about the afternoon and then the evening.

Q7013	At what time did you wake up yesterday?	
	INTERVIEWER: If respondent can't remember, get his or her best guess.	
Q7014	At what time did you go to sleep yesterday?	
QUUT	INTERVIEWER: If respondent can't remember, get his or her best guess.	

INTERVIEWER: Please note for Q7015 and Q7016, Q7050 and Q7051, Q7100 and Q7101 :

- Circle all activities that the person spontaneously mentions.
- You do not need to record the order and you do not need to record an item that is repeated.
- This does not have to be comprehensive. It is just meant to be an approximation.
- Please also circle all people that they say they were with.
- If the person takes more than 3 minutes to tell you about their morning/afternoon/evening experiences, you should ask them to give you less detail.

MORNING

6

SHOPPING

Q7015	 Please tell me the main things that you did yesterday morning from the time you woke up un around noon/mid-day. Please also mention if you were talking or interacting with anyone for a parts of the morning. By interacting with, I mean were you consistently paying attention someone. For example, if you were bathing a young child you would be interacting with them ev if you were not talking. On the other hand, talking to someone for less than 5 minutes does r count as interacting. Be sure to cover as much as you can remember. You don't have to go in order, but it's probal easier that way. Be sure to stop with activities from around noon/mid-day. 					
1 WORKING 2 PREPARING FOOD 3 DOING HOUSEWORK 4 SUBSISTENCE FARMING 5 WATCHING CHILDREN		 10 Rest (includes tea/coffee break) 11 Chatting with Someone 12 Playing (includes cards/games) 13 Reading 	 18 GROOMING OR BATHING 19 EATING 20 RELIGIOUS ACTIVITY 21 PROVIDING CARE TO SOMEONE 22 INTIMATE RELATIONS/SEX 			

- 22 INTIMATE RELATIONS/SEX
 - 23 WENT TO SLEEP FOR THE NIGHT
- 14 LISTENING TO RADIO 7 WALKING SOMEWHERE 15 WATCHING TV
- 16 EXERCISING OR LEISURELY WALK 8 TRAVELING BY BICYCLE
- 9 TRAVELING BY CAR/BUS/TRAIN 17 OTHER LEISURELY ACTIVITY

Q7016	1 2 3 4 5	Alone Spouse Adult children (aged 18 years and older) Young children or grandchildren Family (other than spouse, children or grandchildren)
	-	,
	4	
	5	FAMILY (OTHER THAN SPOUSE, CHILDREN OR GRANDCHILDREN)
	6	FRIENDS
	7	Co-workers
	87	OTHER, SPECIFY:

Q7017	Did you do anything else before noon/mid-day yesterday?	CIRCLE RESPONSES IN Q7015 ABOVE.
Q7018	Were you talking or interacting with anyone else before noon/mid-day yesterday?	CIRCLE RESPONSES IN Q7016 ABOVE

Q7026	Now I want you to think about the XXX (from Q7015) you mentioned during the morning. How long did this activity last?	
Q7027	At what time did this activity begin? INTERVIEWER: If respondent has trouble with exact time, get estimate or approximate.	
Q7028	Were you talking or interacting with anyone when you did this? By interacting with, I mean were you consistently paying attention to someone. For example, if you were bathing a young child you would be interacting with them even if you were not talking. On the other hand, talking to someone for less than 5 minutes does not count as interacting. <i>INTERVIEWER: Respondent may provide more</i>	 SPOUSE ADULT CHILDREN YOUNG CHILDREN OR GRANDCHILDREN FAMILY (OTHER THAN SPOUSE/CHILDREN)

	than one answer - circle responses.							
	Q7028a. At the time, how friendly were you feeling towards this person (these people)?				endly tated ted Rate you	ur feelin	gs from	0 to 6
where 0	means you did not feel like that at all and 6 me	-			ke mai.			Very
		Not at all						muc h
Q7029	How worried were you feeling?	0	1	2	3	4	5	6
Q7030	How <u>rushed</u> were you feeling?	0	1	2	3	4	5	6
Q7031	How irritated or angry were you feeling?	0	1	2	3	4	5	6
Q7032	How <u>depressed</u> were you feeling?	0	1	2	3	4	5	6
Q7033	How tense or stressed were you feeling?	0	1	2	3	4	5	6
Q7034	How calm or relaxed were you feeling?	0	1	2	3	4	5	6
Q7035	How much were you <u>enjoying</u> what you were doing?	0	1	2	3	4	5	6

		n from around noon/mid-day until yone was with you for any parts of				
Q7050 Be sure to cover as much as you can remember. You don't have to go in order, but it's probably easier that way. Be sure to describe only the activities from your afternoon yesterday between n day and evening.						
3 DOING 4 SUBS 5 WATC 6 SHOP 7 WALK 8 TRAV	ARING FOOD G HOUSEWORK ISTENCE FARMING CHING CHILDREN	 10 REST (INCLUDES TEA/COFFEE BREAK) 11 CHATTING WITH SOMEONE 12 PLAYING (INCLUDES CARDS/GAMES) 13 READING 14 LISTENING TO RADIO 15 WATCHING TV 16 EXERCISING OR LEISURELY WALK 17 OTHER LEISURELY ACTIVITY 	 18 GROOMING OR BATHING 19 EATING 20 RELIGIOUS ACTIVITY 21 PROVIDING CARE TO SOMEONE 22 INTIMATE RELATIONS/SEX 23 WENT TO SLEEP FOR THE NIGHT 			

Q7051	1 2 3 4 5 6 7 87	ALONE SPOUSE ADULT CHILDREN (AGED 18 YEARS AND OLDER) YOUNG CHILDREN OR GRANDCHILDREN FAMILY (OTHER THAN SPOUSE, CHILDREN OR GRANDCHILDREN) FRIENDS CO-WORKERS OTHER, SPECIFY:
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Q7052	Did you do anything else yesterday afternoon between noon/ mid-day and about 6pm (18.00)?	CIRCLE RESPONSES IN Q7050 ABOVE.
Q7053	Were you talking or interacting with anyone else between noon/mid-day and 6pm (evening) yesterday?	CIRCLE RESPONSES IN Q7051 ABOVE

Q7066	Now I want you to think about the YYY (from Q7050) you mentioned during the morning. How long did this activity last?	
Q7067	At what time did this activity begin? INTERVIEWER: If respondent has trouble with exact time, get estimate or approximate.	
Q7068	Were you talking or interacting with anyone when you did this? By interacting with, I mean were you consistently paying attention to someone. For example, if you were bathing a young child you would be interacting with them even if you were not talking. On the other hand, talking to someone for less than 5 minutes does not count as interacting. <i>INTERVIEWER: Respondent may provide more than one answer - circle responses.</i>	 ALONE

Q7068a. At the time, how friendly were you feeling towards this person (these people)? Please think about how you felt yesterday afternoon during your where 0 means you did not feel like that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the that at all and 6 means you feeling the the that at all and 6 means you feeling the			2 A 3 A 4 V r YYY (0		endly tated ted Rate y	our feeli	ngs fror	m 0 to 6
		Not at all						Very much
Q7069	How worried were you feeling?	0	1	2	3	4	5	6
Q7070	How <u>rushed</u> were you feeling?	0	1	2	3	4	5	6
Q7071	How <u>irritated or angry</u> were you feeling?	0	1	2	3	4	5	6
Q7072	How <u>depressed</u> were you feeling?	0	1	2	3	4	5	6
Q7073	How tense or stressed were you feeling?	0	1	2	3	4	5	6
Q7074	How calm or relaxed were you feeling?	0	1	2	3	4	5	6
Q7075	How much were you <u>enjoying</u> what you were doing?	0	1	2	3	4	5	6

Q7100	Please tell me the main things that you did yesterday evening from around 6pm (18.00) until you went to sleep. Please also mention if anyone was with you for any parts of the evening.Be sure to cover as much as you can remember. You don't have to go in order, but it's probably easier that way.						
 3 Doint 4 Subs 5 Watt 6 Shop 7 Walt 8 Trav 	ARING FOOD G HOUSEWORK IISTENCE FARMING CHING CHILDREN	 Rest (includes tea/coffee break) Chatting with Someone Playing (includes cards/games) Reading Listening to radio Watching TV Exercising or Leisurely Walk Other Leisurely Activity 	 18 GROOMING OR BATHING 19 EATING 20 RELIGIOUS ACTIVITY 21 PROVIDING CARE TO SOMEONE 22 INTIMATE RELATIONS/SEX 23 WENT TO SLEEP FOR THE NIGHT 				
Q7101	4 YOUNG CHILDR	EN (AGED 18 YEARS AND OLDER) EN OR GRANDCHILDREN & THAN SPOUSE, CHILDREN OR GRANDCHILDRE	EN)				

1	CO-WORKERS
87	OTHER, SPECIFY:

Q7102	Did you do anything else yesterday evening between around 6pm and going to bed?	CIRCLE RESPONSES IN Q7100 ABOVE.
Q7103	Were you talking or interacting with anyone else between around 6pm and going to bed yesterday?	CIRCLE RESPONSES IN Q7101 ABOVE

Q7111	Now I want you to think about the ZZZ (from Q7100) you mentioned from yesterday evening. How long did this activity last?	
Q7112	At what time did this activity begin? INTERVIEWER: If respondent has trouble with exact time, get estimate or approximate.	
Q7113	 Were you talking or interacting with anyone when you did this? By interacting with, I mean were you consistently paying attention to someone. For example, if you were bathing a young child you would be interacting with them even if you were not talking. On the other hand, talking to someone for less than 5 minutes does not count as interacting. <i>INTERVIEWER: Respondent may provide more than one answer - circle responses.</i> Q7113a. At the time, how friendly were you feeling 	 ALONE → Q7114 SPOUSE ADULT CHILDREN YOUNG CHILDREN OR GRANDCHILDREN FAMILY (OTHER THAN SPOUSE/CHILDREN) FRIENDS CO-WORKERS OTHER, SPECIFY: 1 Very friendly 2 A little friendly

	towards this person (these people)?		• · ·	little irrit ery irrita				
	hink about how you felt yesterday evening dur ere 0 means you did not feel like that at all and						ere feel	ing from
		Not at all						Very much
Q7114	How worried were you feeling?	0	1	2	3	4	5	6
Q7115	How <u>rushed</u> were you feeling?	0	1	2	3	4	5	6
Q7116	How irritated or angry were you feeling?	0	1	2	3	4	5	6
Q7116	How depressed were you feeling?	0	1	2	3	4	5	6
Q7117	How tense or stressed were you feeling?	0	1	2	3	4	5	6
Q7118	How calm or relaxed were you feeling?	0	1	2	3	4	5	6
Q7119	How much were you <u>enjoying</u> what you were doing?	0	1	2	3	4	5	6

I will now ask you some questions about how you felt yesterday overall.

Looking at the whole day (morning, afternoon, AND evening), please tell me whether you had these feelings for much of the day. Please just answer "yes" or "no".

Q7501	Did you feelworried for much of the day yesterday? Yes or no.	1 Yes 2 No
Q7502	Did you feelrushed for much of the day yesterday? Yes or no.	1 Yes 2 No
Q7503	Did you feelirritated or angryfor much of the day yesterday?	1 Yes 2 No
Q7504	Did you feeldepressed?	1 Yes 2 No
Q7505	Did you feeltense or stressed?	1 Yes 2 No
Q7506	Did you feelcalm or relaxed?	1 Yes 2 No
Q7507	Were you enjoying what you were doing for much of the day yesterday?	1 YES 2 No
Q7508	Did you feellonely for much of the day yesterday?	1 Yes 2 No
Q7509	Did you feel bored?	1 Yes 2 No
Q7510	Did you feelphysical pain for much of the day yesterday?	1 YES 2 No
Q7511	Did you feeltired?	1 Yes 2 No
Q7512	Did you have a stomach ache at any time yesterday?	1 YES 2 No
Q7513	Did you have a headache at any time yesterday?	1 Yes 2 No
Q7514	Did you smile or laugh a lot yesterday?	1 YES 2 No

Q7515	What part of the day did you enjoy most yesterday? Was it the morning, the afternoon, or the evening?	1 2 3	Morning Afternoon Evening
Q7516	Compared to a typical day, how much free time did you have yesterday? Was yesterday typical, or did you have more free time yesterday, or did you have less free time yesterday?	1 2 3	More Free Time Typical Less Free Time
Q7517	Compared to a typical day, how was your mood yesterday? Was it typical, or were you in a better mood yesterday, or were you in a worse mood yesterday?	1 2 3	BETTER MOOD Typical Worse Mood

Q7518	How many hours did you sleep last night?	-8 DON'T REMEMBER
Q7519	Please rate the quality of your sleep last night. Was it very good, good, moderate, poor or very poor?	 VERY GOOD GOOD MODERATE POOR VERY POOR
Q7520	How many hours did you sleep the night before last?	B DON'T REMEMBER
Q7521	Please rate the quality of your sleep the night before last. Was it very good, good, moderate, poor or very poor?	1 VERY GOOD 2 GOOD 3 MODERATE 4 POOR 5 VERY POOR

Q7522	Who do you think are happier, men or women? Or are they equally happy?	1 2 3	Men Women Equally Happy

For the fo	For the following questions, I will ask you to compare yourself to other people your age who live in this area.					
Q7524	Compared to other people, are you usually in a better mood or a worse mood or are you about the same?	1 BETTER MOOD 2 SAME MOOD 3 WORSE MOOD				
Q7526	Are you more anxious or less anxious than most others? Or are you about the same?	1 More Anxious 2 Same level 3 Less Anxious				
Q7527	Are you more healthy or less healthy than most people your age? Or are you about the same?	 MORE HEALTHY SAME LEVEL OF HEALTH LESS HEALTHY 				

We know you might be getting tired from answering all these questions. We are almost done.

Section 8000: Care and support

In the following questions, we want to find out about how families and households cope and support each other in times of need or through prolonged illnesses and death. I would like to spend some time talking to you about people who have needed care or support, adults who have been ill or died in the last 12 months and/or children who require care due to illness or age. I will ask about care you have provided, and also care you have received. The information you provide will be kept strictly confidential and will be used to improve programs for families and children in need.

I will ask you a few questions about adults and children in your household who need or needed care, due to age (young or old), physical limitations, illness or other reasons, or have been ill and died in the last 12 months. By care or caregiving we mean financial or emotional support, physical, health or personal care provided to an individual. This includes both daily personal care such as help with eating, dressing, bathing, moving around in the house, as well as assistance with their affairs outside the house such as transportation to see doctors, getting to school, going to buy medicine or medical appointment, assistance with studies or managing the ill person's financial situation, health care, emotional well-being or other personal affairs.

I will then ask about care provided to adults and children who do not live in this household. Finally, I will ask about care or support you may need and receive. It is possible that you may feel uncomfortable answering some of the questions. You can choose if you don't want to answer some questions.

First I would like to know more about everyone who receives in your household.

***Examples of support or care used in the questions below

• Financial = (cash, paying for bills, fees, food, medicines)

• *Emotional* = (social support, counselling, time with friends)

• *Physical* = (household chores, transportation)

• Health = (providing health care - administering medicines, changing bandages, arranging health care providers)

• Personal = (bathing, eating, dressing, toileting (getting to and using the toilet), moving around (transfers), incontinence (bowels and bladder))

Q8001 Over the last 12 months, have any members of you household/compound, adults or children, neede care for any reason? This could include financial or emotional support, physical, health or persona care.***	1 YES 2 No	Q8030 outside HH
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I would like to start with the adults aged 18 and older in your household. This adult may still need care or may no longer be living in the household or may have died as a result of an illness or other reason.

Q8002	In total, how many adult household (HH) members have needed care or support in the <u>last 12 months</u> ?		
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INTERVIEWER: Using Section 0400 HH Roster from the HH QUESTIONNAIRE – determine who in the household needed and received caregiving. This may include people who are not currently in the household, but needed care from a HH member in the last 12 months. Start with adults aged 18 and older in Q8004, then move to children in Q8028.

CAREGIVING TO ADULTS IN THE HOUSEHOLD

	Please tell me about the adults needing and receiving care in the last 12 months.	A	В	С	D
Q8003	Identify the first adult aged 18 years or older. Enter person (HH member) number from Section 0400: HH Roster				
	- or - For adults not on HH roster, enter 66, 67, 68 or 69.	<u>04</u>	<u>04</u>	<u>04</u>	<u>04</u>
Q8004	What is your relationship to this person? The person	02	02	02	02
	is/was your	03	03	03	03
	02=Spouse/partner; 03=Daughter/Son;	04	04	04	04
	04=Daughter- or Son-in-law;	05 06	05 06	05 06	05 06
	05=Grandchild; 06=Parent;	00	00	00	00
	07=Parent-in-law;	08	08	08	08
	08=Brother/Sister;	11	11	11	11
	11= Other relative, adult (e.g. cousin); 12=Not related, Adult	12	12	12	12
		1	1	1	1
Q8005	Is this adult currently alive or dead?	2	2	2	2
	1 = alive; 2 = dead; 88 = don't know	88	88	88	88
Q8006	Why does/did this person need care or support?* OR				
	if Q8005 ==2 Why did this person die?*	01	01	01	01
	01 = Non health-related	02	02	02	02
	02 = HIV/AIDS-related 03 = Other health-related reason	03	03	03	03
	04 = Physical impairment/disability	04	04	04	04
	05 = Mental impairment/disability	05	05	05	05
Q8007					
0001	Who is or was the main person providing care for this adult? Is it you yourself, someone else in this household, or someone outside of this household?**	1	1	1	1
	1=Respondent ➔ Q8009	2	2	2	2
	2=Someone else in HH 3=Someone outside HH	3	3	3	3
Q8008	Even if you were not the main caregiver, did/do you provide care or support to this person?				
	1=Yes	1	1	1	1
	2=No→ next person or Q8012 if last person.	2	2	2	2
Q8009	For how long have/had you been providing care? (over the last 12 months)	1	1	1	1
	1 = Less than 30 days	2	2	2	2
	2 = 1 to 3 months 3 = More than 3 months but less than 6 months	3	3	3	3
	4 = 6 months or more	4	4	4	4
Q8010	What type of support and care is/was provided?***	1	1	1	1
	1 = Financial	2	2	2	2

	2 = Social/Emotional	3	3	3	3
	3 = Health	4	4	4	4
	4 = Physical 5 = Personal	5	5	5	5
	INTERVIEWER: Circle all that apply	Ŭ	Ŭ	Ũ	U
Q8011	Is/was support and care generally provided	1	1	1	1
	1=daily	2	2	2	2
	2=several days per week	3	3	3	3
	3=once per week		-	-	_
	4= once per month	4	4	4	4
	5=occasionally, as needed	5	5	5	5
Q8012	How much support/care does this person require? 1=regular help to do most things	1	1	1	1
	2=regular help to do specific activities	2	2	2	2
	3=occasional help with most things	3	3	3	3
	4=occasional help with specific activities 5= other	4	4	4	4
		5	5	5	5
Q8013	About how much time per week on average did/do you usually spend providing support/care for this adult?	HH:MM	HH:MM	HH:MM	HH:MM
	HOURS :MINUTES 88:88 DON'T KNOW				
Q8014	How much difficulty did you have with providing this support/care?	1	1	1	1
	1= None	2	2	2	2
	2=mild	3	3	3	3
	3=moderate 4=severe	4	4	4	4
	5=extreme/could not do	5	5	5	5

*Non health-related reason = for example, violence or accident, migration, work-related, school-related, old age, young age.

HIV/AIDS related = care or support because of illness related to HIV infection or AIDS [use local term] (which could include tuberculosis (TB) and malaria [use local term] for example).

Other health-related reason = for example, acute illnesses (malaria or flu) or chronic illness (diabetes, dementia) Physical impairment/disability = any physical disorder, condition, disfigurement or anatomical loss leading to handicap/impairment

Mental impairment/disability = any mental or psychological disorder (such as, mental retardation, emotional illness, learning disabilities)

** Main caregiver is the person primarily responsible for feeding, clothing, providing health care and caring for an adult.

CAREGIVING TO CHILDREN IN THE HOUSEHOLD

INTERVIEWER: CHECK HH ROSTER to see if	If none – skip to	Q8030
children in HH.	-	

I want to shift now to questions about children under the age of 18 in the household, and about care you provide or have provided over the last 12 months - including those for whom one or both parents are ill or absent *(prolonged illness or absent through death or migration or other reason)*. Care could be related to physical care, health care, financial or emotional support or other reasons, where you are responsible for the well-being of the child/children.

Q8015	Over the last 12 months, have there been any children under the age of 18 years living in your household or compound whose parents are not	1 YES 2 No	
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	currently living in the household or who cannot/do not provide primary care?		
Q8016	Over the last 12 months have there been any children under 18 years living in your household or compound whose parents cannot/do not provide enough care and require some help?	1 Yes 2 No ➔	Q8030 Outside HH
Q8017	In total, how many <u>children</u> in the household (HH) or household compound have needed care or support in the <u>last 12 months</u> ?		

	Please tell me about the children needing and	A	В	С	D
	receiving care, starting with the oldest child.				
Q8018	Identify the child from the HH roster. Enter person (HH member) number from Section 0400: HH Roster				
	- or - For children not on HH roster, enter 66, 67, 68 or 69.	<u>04</u>	<u>04</u>	<u>04</u>	<u>04</u>
Q8019	What is your relationship to this person? The person	02	02	02	02
	is/was your	03	03	03	03
	02=Spouse/partner;	04	04	04	04
	03=Daughter/Son; 04=Daughter- or Son-in-law;	05	05	05	05
	05=Grandchild;	06	06	06	06
	06=N/A	07	07	07	07
	07=N/A	08	08	08	08
	08=Brother/Sister; 11= Other relative, child (e.g. cousin);	11	11	11	11
	12=Not related, child	12	12	12	12
Q8020	Is the Father	1	1	1	1
	1 = Living outside the household 2 = III or unable to care for child	2	2	2	2
	3 = Deceased	3	3	3	3
	4 = Location/status unknown to caregiver 5 = Respondent	4	4	4	4
Q8021	Is the Mother	1	1	1	1
	1 = Living outside the household 2 = III or unable to care for child	2	2	2	2
	2 = 11 of unable to care for child 3 = Deceased	3	3	3	3
	4 = Location/status unknown to caregiver 5 = Respondent	4	4	4	4
Q8022	Who is the person primarily responsible for the support	1	1	1	1
	and care of this child? 1 = respondent	2	2	2	2
	2 = another household member				
	3 = other	3	3	3	3
Q8023	For how long have/had you been providing care? (over the				
	last 12 months)	1	1	1	1
	1 = Less than 30 days 2 = 1 to 3 months	2	2	2	2
	3 = More than 3 months but less than 6 months	3	3	3	3
	4 = 6 months or more	4	4	4	4
Q8024	Please indicate the support or care you provide by responding yes or no to each of the following. For this	1	1	1	1
	child, do you:	2	2	2	2
	1 Pay her/his school/medical/other fees	3	3	3	3
	2 Dress and/or feed her/him3 Make sure she/he gets medical care when needed	4	4	4	4
	4 Make sure she/he attends school	5	5	5	5
	5 Assist with her/his studies6 Other	6	6	6	6
Q8025	Is/was support and care generally provided 1=daily	1	1	1	1

-					
	2=several days per week	2	2	2	2
	3=once per week	3	3	3	3
	4= once per month	4	4	4	4
	5=occasionally, as needed	-	•		-
		5	5	5	5
Q8026	How much support/care does this person require? 1=regular help to do most things	1	1	1	1
	2=regular help to do specific activities	2	2	2	2
	3=occasional help with most things	3	3	3	3
	4=occasional help with specific activities	4	4	4	4
	5= other	4	4	4	•
		5	5	5	5
Q8027	About how much time per week on average did/do you usually spend providing support/care for this child?	HH:MM	HH:MM	HH:MM	HH:MM
	HOURS :MINUTES 88:88 DON'T KNOW				
Q8028	How much difficulty did you have with providing this support/care?	1	1	1	1
	1= None	2	2	2	2
	2=mild	3	3	3	3
	3=moderate	-	-	Ũ	Ū.
	4=severe	4	4	4	4
	5=extreme/could not do	5	5	5	5

Caregiving to Adults/Children outside the HH Now I would like to know about adults and children who do not live in this household or household compound, but whom you provide support/care.

Q8030	Over the last 12 months, have there been any adults and/or children living <u>outside your</u> <u>household</u> to whom you have provided care for any reason? This could include financial, physical, emotional, health or personal care or support?	1 YES 2 No→			Q8040
Q8031	How many people did this include?				
		A	В	С	D
Q8032	What is your relationship to this person? 02=Spouse/partner; 03=Daughter/Son; 04=Daughter- or Son-in-law; 05=Grandchild; 06=Parent; 07=Parent-in-law; 08=Brother/Sister; 11= Other relative, adult (e.g. cousin); 12=Not related, Adult				
Q8033	What is the age of this person? In years 888 Don't know				
Q8034	Who is the person primarily responsible for the support and care of this person? 1= respondent	1	1	1	1

	2= another person	2	2	2	2
Q8035	For how long have/had you been providing care?				
	(over the last 12 months)	1	1	1	1
	1 = Less than 30 days 2 = 1 to 3 months	2	2	2	2
	3 = More than 3 months but less than 6 months	3	3	3	3
	4 = 6 months or more	4	4	4	4
Q8036	What type of support and care is/was provided?***	1	1	1	1
	1 = Financial	2	2	2	2
	2 = Social/Emotional	3	3	3	3
	3 = Health 4 = Physical	4	4	4	4
	5 = Personal INTERVIEWER: Circle all that apply	5	5	5	5
	Is/was support and care generally provided	1	1	1	1
	1=daily	2	2	2	2
Q8037	2=several days per week 3=once per week	3	3	3	3
	4= once per month	4	4	4	4
	5=occasionally, as needed	5	5	5	5
Q8038	About <u>how much time per week on average</u> did/do you usually spend providing support/care for this adult? HOURS :MINUTES 88:88 DON'T KNOW	HH:MM	HH:MM	HH:MM	нн:мм
	How much difficulty did you have with providing this support/care?	1	1	1	1
	1= None	2	2	2	2
Q8039	2= Mild	3	3	3	3
	3= Moderate	4	4	4	4
	4= Severe		•	•	
	5= Extreme/could not do	5	5	5	5

INTERVIEWER – if no caregiving provided to adults or children in the HH or outside HH---> skip to Q8060

Before moving to care you receive for yourself, I would like to know about help or assistance <u>you, as a caregiver</u>, receive from other people or groups to assist you in providing care.

Q8040	What kind of help have <u>you,</u> <u>as a caregiver</u> , received?	1 2	Financial, such as cash, paying for bills, fees, food or medicines, clothing or other provisions Emotional, like social support, counseling, time with friends
	INTERVIEWER: Read each option and circle all that apply	3	Health, including providing health care, administering medicines, changing bandages, arranging health care providers
		4	Physical including household or farming chores, transportation
		5	Personal care, help with bathing, eating, dressing, toileting, moving around
		7	Other, specify:
	Who provided this help or	1	HH/family members

Q8041	assistance?	2	Family outside household	
		3	Neighbours/community	
	Anyone else?	4	Government	
	-	5	Church	
		6	NGOs	
	INTERVIEWER: Circle ALL	7	Other	
	answers that the respondent spontaneously mentions	8	Don't know	

The next questions ask about how providing care affects you. I would like to know whether <u>you face</u> <u>any problems related to your health and well-being</u> since you began providing care. We want to know how you and your health have been affected by your caregiving duties.

As a result of providing care, or the increase in providing care, over the <u>last 12 months</u>, how much <u>difficulty</u> have <u>you</u> had with:

		None	Mild	Moderate	Severe	Extreme
Q8042	getting enough sleep?	1	2	3	4	5
Q8043	eating enough food?	1	2	3	4	5
Q8044	having enough energy to do the extra work?	1	2	3	4	5
Q8045	taking care of your own health, ailments or conditions (<i>if exist</i>)?	1	2	3	4	5
Q8046	paying for medication/treatments for your own ailments / chronic conditions?	1	2	3	4	5
Q8047	visiting friends and relatives as much as before you were providing this level of care?	1	2	3	4	5
Q8048	sharing feelings about caregiving responsibility with others?	1	2	3	4	5
Q8049	financial problems due to loss of income, decreased time available for paid employment, or increased costs or expenses?	1	2	3	4	5
Q8050	knowing about and providing the correct care for health problems for the adults and children?	1	2	3	4	5
Q8051	experiencing stigma or problems as a result of or associated with the illness or death (that is, have you been treated differently or poorly by the community, friends or family members outside your household)?	1	2	3	4	5

Receiving support and care

The next questions ask about care or support that you need or have needed in the previous 12 months, and care you received from individuals, for your own health and well-being. This could include financial and emotional support, health and personal care, or physical assistance. It may or may not be related to your role as caregiver.

Q8060	Have you needed support or care in the last 12 months?	1 2	Yes No→	END
Q8061	The last time you needed support/care, did you get it?	1 2	Yes→ No	Q8062
	Q8061a For what reason(s) did you not get care?		>	END
Q8062	Are there children/adults in your household/compound, or living outside the household and visit regularly, that	1 2	Yes No→	Q80xx

	provide support or care that you need?				
	Let's start with the person who provides you with the most support/care. Then I will ask about other people who support and care for you.	A	В	С	D
Q8063	Is this person a household member or from outside your household/compound?	1 2	1 2	1 2	1 2
	- 1=HH				
	2=outside HH				
Q8064	What is your relationship to this person? The person is/was your	02 03	02 03	02 03	02 03
	02=Spouse/partner;	04	04	04	04
	03=Daughter/Son;	05	05	05	05
	04=Daughter- or Son-in-law; 05=Grandchild;	06	06	06	06
	06=Parent;	07	07	07	07
	07=Parent-in-law;	08	08	08	08
	08=Brother/Sister; 11= Other relative, adult or child (e.g. cousin, niece);	11	11	11	11
	12=Not related, adult or child	12	12	12	12
Q8065	Approximately what how old is this person?				
00000	In years				
	Please tell the types of support and care you receive from this person. Do you get help with				
Q8066	1)finances (cash, help to pay bills/services/debts or	1	1	1	1
40000	for savings, or help with economic related activities	2	2	2	2
	outside the home (wage labor)?	3	3	3	3
	2)emotional support and care?3)physical assistance, such as household chores,	4	4	4	4
	errands and outside activities, transportation,	5	5	5	5
	agriculture-related?				
	4)health or medical care (providing the person with				
	health care, assistance with medicines/treatments or arranging medical care)				
	5)personal care (for example, dressing, eating, toileting,				
	getting around your house)				
Q8067	How often is this?	1	1	1	1
	 daily several days per week 	2	2	2	2
	3) once per week	3	3	3	3
	4) once per month	4	4	4	4
	5) occasionally	5	5	5	5

INTERVIEWER: This is the end of the interview. Complete section 9000 when you have finished with the respondent.

This completes the interview. We thank you for your time and answers. I have your contact details and may be in touch again. Should you have any questions or concerns please do not hesitate to contact my supervisor [give supervisor's name]. As mentioned in the consent form, we may return to you in two years time and would appreciate speaking with you again.

Section 9000: Interviewer Assessment

INTERVIEWER

Q9001	Was someone else present during the interview?	1 YES	2 No
	Did respondent have	20	
Q9002	Hearing problem?	1 YES	2 No
Q9003	Vision problem?	1 YES	2 No
Q9004	Use wheelchair?	1 Yes	2 No
Q9005	Use cane/crutches/walker?	1 YES	2 No
Q9006	Have difficulties walking?	1 YES	2 No
Q9007	Paralysis?	1 YES	2 No
Q9008	Cough continually?	1 YES	2 No
Q9009	Shortness of breath?	1 YES	2 No
Q9010	Mental problems?	1 Yes	2 No
Q9011	Other health problem?	1 Yes	2 No
Q9012	Amputated limb (arm or leg)?	1 YES	2 No
Q9013	What is your assessment of the respondent's	1 VERY GOOD	
	cooperation?	2 GOOD	
		3 MODERATE	
		4 BAD	
		5 VERY BAD	
Q9014	What is your evaluation of the accuracy and	1 VERY HIGH	
	completeness of the respondent's answers?	2 HIGH	
		3 AVERAGE	
		4 Low	
		5 VERY LOW	

		QUESTION NUMBER(s)	NOTES
Q9015	Questions with doubtful answers		
Q9016	Questions needing follow-up or clarification from supervisor		
Q9017	Other problems or issues		
Q9018	What questions did respondent find difficult, embarrassing or confusing?		
Q9019	What questions did you the interviewer find difficult, embarrassing or confusing?		
Notes:			